



# Nonparametric 5D $D$ - $R_2$ distribution imaging with single-shot EPI at 21.1 T: Initial results for *in vivo* rat brain



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## ABSTRACT

*In vivo* human diffusion MRI is by default performed using single-shot EPI with greater than 50-ms echo times and associated signal loss from transverse relaxation. The individual benefits of the current trends of increasing  $B_0$  to boost SNR and employing more advanced signal preparation schemes to improve the specificity for selected microstructural properties eventually may be cancelled by increased relaxation rates at high  $B_0$  and echo times with advanced encoding. Here, initial attempts to translate state-of-the-art diffusion-relaxation correlation methods from 3 T to 21.1 T are made to identify hurdles that need to be overcome to fulfill the promises of both high SNR and readily interpretable microstructural information.

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## 1. Introduction

NMR diffusion-relaxation correlation methods [1–3] combined with data inversion into nonparametric distributions [4,5] of these MR properties have been applied successfully in low field studies of heterogeneity in materials ranging from porous rocks [6] to dairy products [7] and fruits [8] for decades. The methods more recently have been combined with MRI [9] and demonstrated to have great potential for both *ex vivo* [10–13] and *in vivo* [14] clinical applications as summarized in several comprehensive reviews during just the last few years [14–17]. In addition, data challenges aimed to explore sub-sampling strategies has been performed aimed to harness the richness of information in multidimensional data with in feasible clinical scan times [18].

While most previous diffusion-relaxation studies have relied on the simple Stejskal-Tanner sequence [19] for which the effects of multiple aspects of molecular motion including bulk diffusivity, restriction, anisotropy, flow and exchange [20] are merged into apparent diffusion coefficients (ADCs) [21], a few studies [22–26] have incorporated more elaborate encoding strategies deriving from multidimensional solid-state NMR [27] to enable separation

and correlation of parameters specific to the various types of motion. These multidimensional diffusion encoding methods build on carefully crafted gradient waveforms to attain selectivity at the expense of requiring higher gradients amplitudes or—when the maximum amplitudes are already reached—longer waveform durations than in conventional diffusion tensor imaging [28,29]. The resulting loss in signal-to-noise ratio (SNR) from transverse relaxation is in practice often compensated by using larger voxel sizes but could in principle be mitigated by ultra-high  $B_0$  [30], the general benefits of which has been demonstrated for MRI and MR spectroscopy (MRS) in several papers [31–39].

So far, *in vivo* preclinical and human studies employing multidimensional or oscillating gradient diffusion encoding have been performed at 3 T [22–24,26,40–62], 4.7 T [63–65], 7 T [57,66–69], 9.4 T [70] and 11.7 T [71–73] while diffusion-relaxation correlation has been limited to 3 T [14,22–24,26]. All of these studies have relied on echo planar imaging (EPI) signal read-out, which allows for acquisition of a complete 2D image plane after a single excitation, but suffers from  $B_0$ -dependent image distortions due to susceptibility inhomogeneity [31,74] and low SNR for materials with high transverse relaxation rate  $R_2$ . As ultra-high  $B_0$  systems are being developed also for *in vivo* human studies [30,75,76], we performed pilot measurements with multidimensional diffusion-relaxation correlation and EPI readout at the highest field available for *in vivo* rodent, 21.1 T [77,78] to investigate the feasibility of translating pulse sequences from moderate to ultra-high  $B_0$  and

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identify technical issues that need to be addressed to realize the full potential of combining diffusion-relaxation correlation, multi-dimensional diffusion encoding and ultra-high  $B_0$ . Anticipating that transverse relaxation will be one of the main obstacles, we performed measurements yielding nonparametric joint distributions of  $R_2$  and diffusion tensors  $\mathbf{D}$  [22,23].

## 2. Methods

### 2.1. MRI equipment

Experiments were performed using the 21.1-T magnet at the National High Magnetic Field Laboratory (NHMFL) in Tallahassee, FL [77,78]. The magnet was designed and built at the NHMFL, and is equipped with a Bruker Avance III console (Bruker-Biospin, MA, USA) using imaging gradients (Resonance Research Inc., MA, USA) capable of producing a gradient strength up to 600 mT/m. An in-house designed and built radio-frequency (RF) coil was used for all *in vitro* and *in vivo* experiments. The RF coil used was a double-saddle quadrature surface coil tuned to 900 MHz, the resonance frequency of  $^1\text{H}$  at 21.1 T. The coil was built to accommodate the head of *in vivo* rodents weighing up to 350 g [34].

### 2.2. Phantoms

To validate the implementation of the multidimensional sequence on the 21.1-T magnet and for parameter optimization, a ‘‘Hex’’ liquid crystal phantom that provided high anisotropy was created as described by Nilsson *et al* [79]. In short, the phantom was placed in a 15-mL conical tube consisting of 41.94 wt% water (Milli-Q quality), 13.94 wt% of the hydrocarbon 2,2,4-trimethylpentane (Sigma-Aldrich, Sweden), and 44.12 wt% of the detergent sodium 1,4-bis(2-ethylhexoxy)-1,4-dioxobutane-2-sulfonate (trade name AOT from Sigma-Aldrich, Sweden). At room temperature, the liquid crystal is in a reverse 2D hexagonal phase wherein water diffuses along cylindrical channels with  $\sim 5$ -nm diameters, which span lengths of hundreds of micrometers and gives rise to highly anisotropic diffusion. Around the 15-mL ‘‘Hex’’ phantom, two NMR tubes with 1-octanol (MilliporeSigma, MA, USA) and n-dodecane (TCI America, OR, USA) were placed. The combined tubes were secured and placed in a 50-mL conical tube filled with water. The phantom was secured into the RF coil and placed in the magnet.

### 2.3. Animals

Two Sprague Dawley rats weighing between 200 and 250 g were used. The animals were housed in cages with a 12-hour night/12-hour daylight cycle, with water and food available *ad libitum*. The animals were anesthetized with isoflurane (Baxter, IL, USA) and placed prone inside the coil with fore teeth placed on a bite bar. This bite bar also supplied a continuous flow of oxygen mixed with 1–3% of isoflurane. The concentration of isoflurane was set to maintain a steady respiration rate of 25–30 breaths per minute as monitored by a respiratory pillow (SA Instruments Inc., NY, USA) that was placed in between the rat and probe. Temperature was maintained at 37 °C by means of gradient chiller. The coil was tuned and matched for each individual rat for optimal performance. The same acquisition parameters used for the phantom were acquired for animals with the field-of-view (FOV) set to cover the head of the rat ( $32 \times 11$  mm). After confirming accurate placement of the rat, shimming was performed using either Bruker’s automatic  $B_0$  shimming sequence or if needed adjusted by localized voxel placed over the parenchyma. All animal procedures

were approved by the Florida State University (FSU) Animal Care and Use committee (ACUC).

### 2.4. MRI measurements

A ParaVision 6.0.1 implementation of a multi-slice 2D spin-echo EPI sequence with pairs of free gradient waveforms bracketing the 180° pulse [80] was kindly provided by Matthew Budde at the Medical College of Wisconsin (<https://osf.io/ngu4a>). The diffusion encoding tensor  $\mathbf{b}$  is obtained from the effective gradient  $\mathbf{g}(t)$  via:

$$\mathbf{q}(t) = \gamma \int_0^t \mathbf{g}(t') dt', \quad (1)$$

and

$$\mathbf{b} = \int_0^{\tau_E} \mathbf{q}(t) \mathbf{q}(t)^T dt, \quad (2)$$

where the integration is performed from the center of the excitation 90° pulse to the echo time  $\tau_E$ . The sensitivity of the signal to anisotropy is controlled by the ‘‘shape’’ of  $\mathbf{b}$ , which is conveniently expressed by the normalized anisotropy  $b_\Delta$  given by [81]:

$$b_\Delta = \frac{1}{b} \left( b_{ZZ} - \frac{b_{YY} + b_{XX}}{2} \right), \quad (3)$$

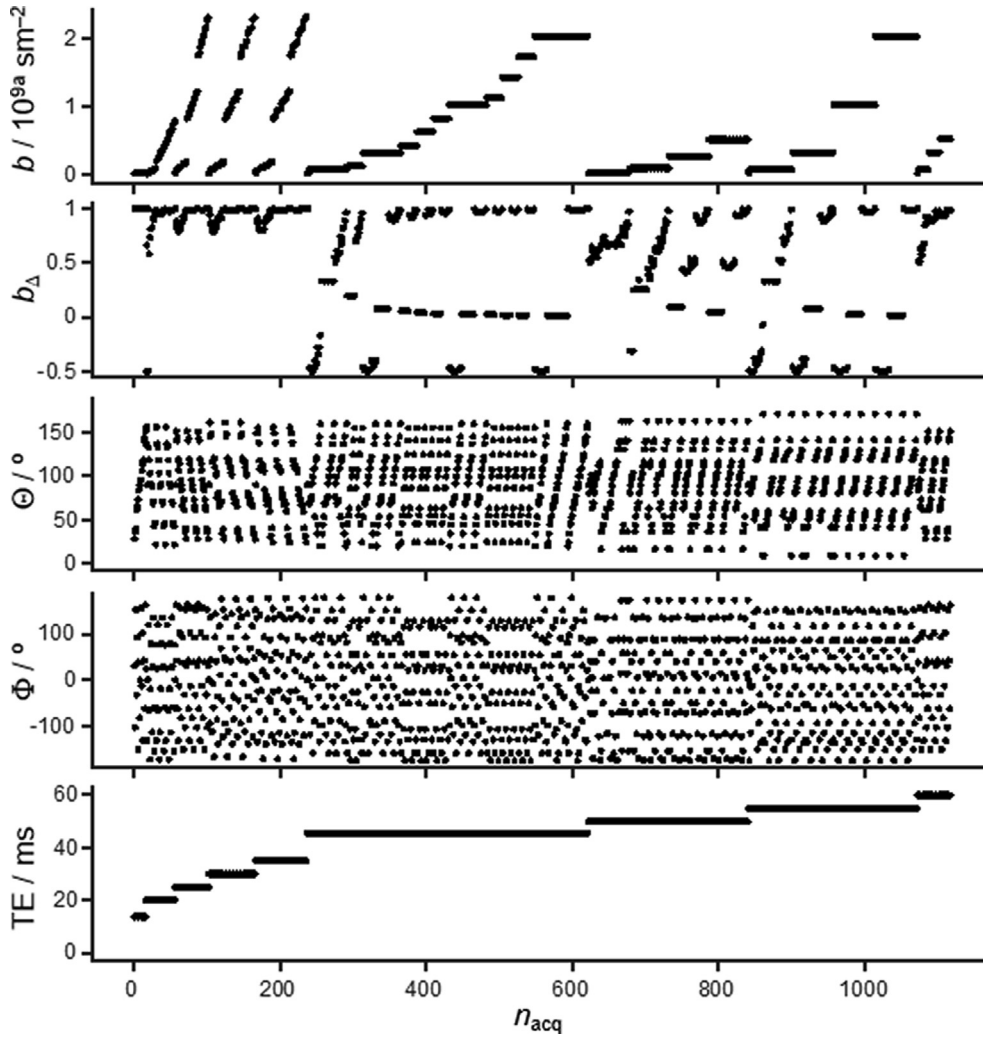
where  $b$  is the trace of  $\mathbf{b}$  and  $b_{XX}$ ,  $b_{YY}$ , and  $b_{ZZ}$  are the eigenvalues ordered according to  $(b_{ZZ} - b/3) > (b_{XX} - b/3) > (b_{YY} - b/3)$ . Four 10-ms waveforms of the diffusion encoding gradients were used: linear ( $b_\Delta = 1$ ), planar ( $b_\Delta = -1/2$ ) and spherical ( $b_\Delta = 0$ ) as calculated in Ref. [82], as well as linear ( $b_\Delta = 1$ ) with a 5-ms half-sine pulse on each side of the 180° pulse. Gradient orientations ( $\Theta, \Phi$ ) were obtained by the electrostatic repulsion scheme [83], and the number of directions were varied pseudo-randomly between 11 and 15 for the different values of  $\tau_E$  within the range from 14.1 to 60 ms with an approximate logarithmic distribution. A detailed overview of the acquisition scheme can be found in in Fig. 1. Here gradient amplitude was varied between 10, 25, 45 and 80% (depending on diffusion scan) of peak gradient strength (0.6 T/m). The lowest and highest  $b$ -values were chosen to suppress spins undergoing flow, to achieve some attenuation of water spins with the lowest diffusivity, and were distributed logarithmically to improve sampling of the exponential signal decay [26,84]. Data was collected using nine slices of 1-mm thickness and FOV to cover the sample. Matrix was  $140 \times 48$  ( $0.2 \times 0.2$  mm in-plane resolution) with a bandwidth of 500 kHz, two dummy scans and partial-FT encoding scheme (1.33 coverage). The repetition time ( $\tau_R$ ) was set to 5 s throughout, and the resultant total acquisition time was 120 min.

### 2.5. Data processing

After image reconstruction in ParaVision, data were exported to MatLab (R2018b MathWorks Inc, MA, USA) for denoising using random matrix theory [85]. In-plane motion and eddy correction with the MatLab routine *imregister* was used for in-plane affine registration, and Monte Carlo inversion [86] generated nonparametric 5D  $\mathbf{D}$ - $R_2$  distributions [22] using the *dtr2d* method in the *md-dmri* Matlab toolbox [87]. With this method, the signal  $S(\mathbf{b}, \tau_E)$  acquired as a function of  $\mathbf{b}$  and  $\tau_E$  at constant  $\tau_R$  is approximated as originating from multiple sub-populations  $i$ , each being characterized by their weight  $w_i$ , diffusion tensor  $\mathbf{D}_i$ , and transverse relaxation rate  $R_{2,i}$  according to:

$$S(\mathbf{b}, \tau_E) = \sum_i w_i \exp(-\tau_E R_{2,i}) \exp(-\mathbf{b} : \mathbf{D}_i), \quad (4)$$

where the sum of  $w_i$  gives the non-encoded signal  $S_0$  through:



**Fig. 1.** Acquisition scheme for 5D  $\mathbf{D}$ - $R_2$  distribution MRI. Images are recorded as a function of the magnitude  $b$ , normalized anisotropy  $b_{\Delta}$  (defined in Eq. (3)) and orientation  $(\Theta, \Phi)$  of the  $b$ -tensor, as well as the echo time  $\tau_E$  at constant repetition time  $\tau_R$  of 5 s. All panels share the same abscissa, where  $n_{acq}$  is the acquisition number sorted in the order of ascending  $\tau_E$ ,  $b$ , and  $b_{\Delta}$ .

$$S_0 = \sum_i w_i, \quad (5)$$

which is nominally proportional to the spin density.

Assuming diffusion with axial symmetry for each subpopulation, the diffusion tensors are parameterized in terms of the axial and radial eigenvalues,  $D_{A,i}$  and  $D_{R,i}$  and orientation  $(\theta_i, \phi_i)$ . In this work, the Monte Carlo algorithm pseudo-randomly explores the parameter space within the ranges  $5 \cdot 10^{-12} \text{ m}^2 \text{ s}^{-1} < D_{A,i}, D_{R,i} < 5 \cdot 10^{-9} \text{ m}^2 \text{ s}^{-1}$  and  $1 \text{ s}^{-1} < R_{2,i} < 80 \text{ s}^{-1}$  and—independently for each voxel—yields 100 solutions consistent with the input data. Each of these solutions comprises up to 20 components  $i$  characterized by the parameter set  $[D_{A,i}, D_{R,i}, \theta_i, \phi_i, R_{2,i}]$  and the corresponding weights  $w_i$ . For visualization of the results, the values of  $D_{A,i}$  and  $D_{R,i}$  are converted to the isotropic diffusivity  $D_{iso,i}$  and squared normalized anisotropy  $D_{\Delta,i}^2$  by [81,88]:

$$D_{iso,i} = \frac{D_{A,i} + 2D_{R,i}}{3} \quad (6)$$

and

$$D_{\Delta,i}^2 = \left( \frac{D_{A,i} - D_{R,i}}{3D_{iso,i}} \right)^2, \quad (7)$$

as well as the lab-frame diagonal elements  $D_{xx,i}$ ,  $D_{yy,i}$  and  $D_{zz,i}$  according to standard equations. Single-voxel 5D  $\mathbf{D}$ - $R_2$  distributions are visualized by projecting the components onto the 2D  $D_{iso}$ - $D_{\Delta}^2$ ,  $D_{iso}$ - $R_2$ , and  $D_{\Delta}^2$ - $R_2$  planes, and parameter maps are generated by extracting means  $E[x]$ , variances  $V[x]$ , and covariances  $C[x,y]$  according to [89]:

$$E[x] = \frac{\sum_i w_i x_i}{\sum_i w_i}, \quad (8)$$

$$V[x] = \frac{\sum_i w_i (x_i - E[x])^2}{\sum_i w_i}, \quad (9)$$

and

$$C[x,y] = \frac{\sum_i w_i (x_i - E[x])(y_i - E[y])}{\sum_i w_i}, \quad (10)$$

where  $x$  and  $y$  are various combinations of  $D_{iso}$ ,  $D_{\Delta}^2$ ,  $D_{xx}$ ,  $D_{yy}$ ,  $D_{zz}$  and  $R_2$ . For comparison with results from conventional diffusion MRI performed at some finite value of  $\tau_E$ , the relaxation factor can be included in the calculation of, for instance,

$$E^{(\tau_E)}[D_{iso}] = \frac{\sum_i w_i \exp(-\tau_E R_{2,i}) D_{iso,i}}{\sum_i w_i \exp(-\tau_E R_{2,i})}, \quad (11)$$

which is closely related to the conventional a ADC [21] and mean diffusivity (MD) [28], and where “ $\tau_E$ ” serves as a reminder that the mean value includes weighting by  $R_2$  relaxation during  $\tau_E$ . An even more direct comparison with conventional ADC measured with a single  $b$ -value is obtained by:

$$ADC(b, \tau_E) = \frac{\ln S(b, \tau_E) - \ln S(0, \tau_E)}{b}, \quad (12)$$

where  $S(b, \tau_E)$  is given by Eq. (4).

The extraction of quantitative metrics according to Eqs. (8–10) are performed for each of the 100 individual solutions per voxel,

and the values finally displayed in parameter maps are obtained by taking the medians of the results for the individual solutions.

### 3. Results

Fig. 2 shows signals and corresponding 5D  $\mathbf{D}$ - $R_2$  distributions for individual white matter (WM), gray matter (GM) and cerebral spinal fluid (CSF) voxels for a single representative rat brain. The  $S_0$  maps are calculated according to Eq. (5), hence corresponding to signal at  $TE = 0$  and  $b = 0$ . Consistent with previous *in vivo* mouse [90], *in vivo* human [22–24,26] and *ex vivo* rat results [25], the

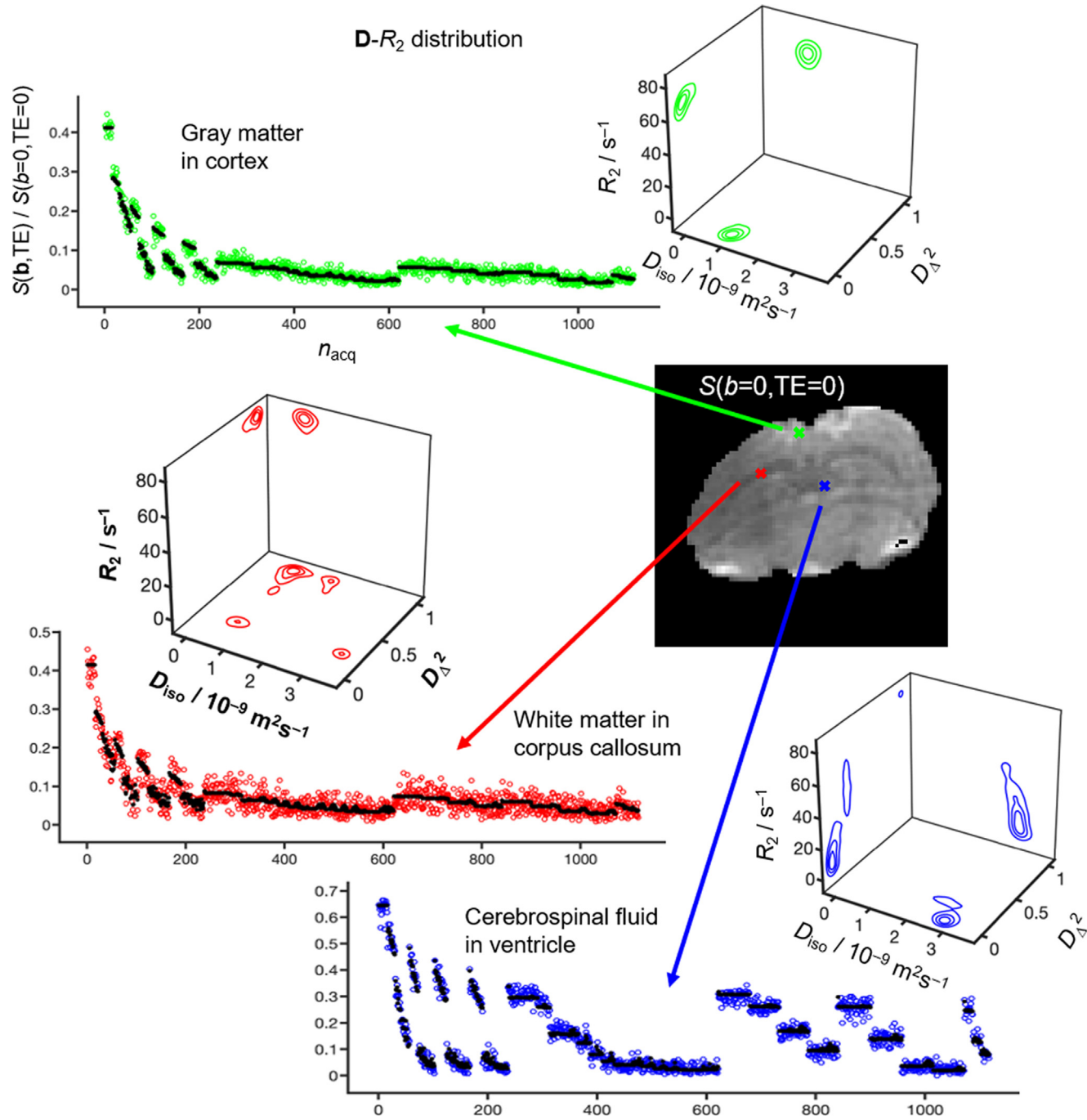


Fig. 2. Experimental results for representative WM (red), GM (green) and CSF (blue) voxels of an *in vivo* rat brain at 21.1 T. The signal  $S$  is shown as a function of the acquisition number  $n_{acq}$  according to the scheme in Fig. 1 (color-coded circles: experimental, black dots: fit). Nonparametric 5D  $\mathbf{D}$ - $R_2$  distributions obtained by Monte Carlo data inversion of Eq. (4) are visualized as projections onto the 2D  $D_{iso}$ - $D_A^2$ ,  $D_{iso}$ - $R_2$ , and  $D_A^2$ - $R_2$  planes, where  $D_{iso}$  is the isotropic diffusivity,  $D_A^2$  the squared normalized anisotropy defined in Eqs. (6)–(7), and  $R_2$  is the transverse relaxation rate.



main distribution components of WM, GM and CSF are located in distinct corners of the 2D  $D_{iso}-D_{\Delta}^2$  projection (WM: low  $D_{iso}$  and high  $D_{\Delta}^2$ , GM: low  $D_{iso}$  and low  $D_{\Delta}^2$ , CSF: high  $D_{iso}$  and low  $D_{\Delta}^2$ ), thereby enabling “binning” for calculation of signal fractions  $f_{bin1}$ ,  $f_{bin2}$  and  $f_{bin3}$  and associated diffusion-relaxation metrics nominally specific for WM, GM and CSF [22] ss seen in Fig. 3a The challenges of EPI readout at 21.1 T are readily apparent as distortions of the  $S_0$  image stemming from susceptibility artifacts and Nyquist ghosting in the phase encoding direction [31,35]. Nevertheless, the bin-resolved fractions map captures the known spatial distributions of WM, GM and CSF. In addition to the binning, Fig. 3 also displays quantitative parameter maps obtained by extracting means  $E[x]$ , variances  $V[x]$ , and covariances  $C[x,y]$  by applying Eqs. (8)-(10) over selected dimensions and sub-divisions of the per-voxel 5D  $\mathbf{D}-R_2$  distributions [22-26,61,89,91]. The bin-resolved maps in Fig. 3b reveal  $E[R_2]$ -values of 70 and 60  $s^{-1}$  for WM and GM, respectively, which can be contrasted with the values 20 and 15  $s^{-1}$  observed for *in vivo* human at 3 T [22]. The per-voxel  $E[D_{iso}]$ ,  $E[D_{\Delta}^2]$  and  $E[R_2]$  metrics in Fig. 3c are closely related to the more traditional parameters ADC [21] and MD [28], microscopic fractional anisotropy ( $\mu$ FA) [80,91], and quantitative  $T_2 = 1/R_2$ . Similar to  $\mu$ FA, the  $E[D_{\Delta}^2]$  metric provides information on diffusion anisotropy independently from the underlying degree of orientational order, which is in contrast to the traditional FA [80,91]. Intra-voxel heterogeneity are described with the variance and covariance measures  $V[x]$  and  $C[x,y]$  for which  $x$  and  $y$  imply various combinations of  $D_{iso}$ ,  $D_{\Delta}^2$  and  $R_2$ . Out of all these measures,  $V[D_{iso}]$  is most familiar from the literature under the names and symbols isotropic 2nd moment  $\mu_2^{iso}$  [80], size variance  $V_{MD}$  [47] and isotropic mean kurtosis  $MK_1$  [46], and has been shown to be related to intra-voxel variance of cell density in brain tumors [46]. A more detailed discussion about the biological meanings of the remaining heterogeneity metrics can be found in [25,26]. Low GW/WM contrast can be seen in certain structures, in particular the corpus callosum (cc), cerebellum and edges of white matter areas. This decrease is due to partial volume effects from the relatively large slice thickness but also from the chosen human brain-based boundary values for the various bins [90].

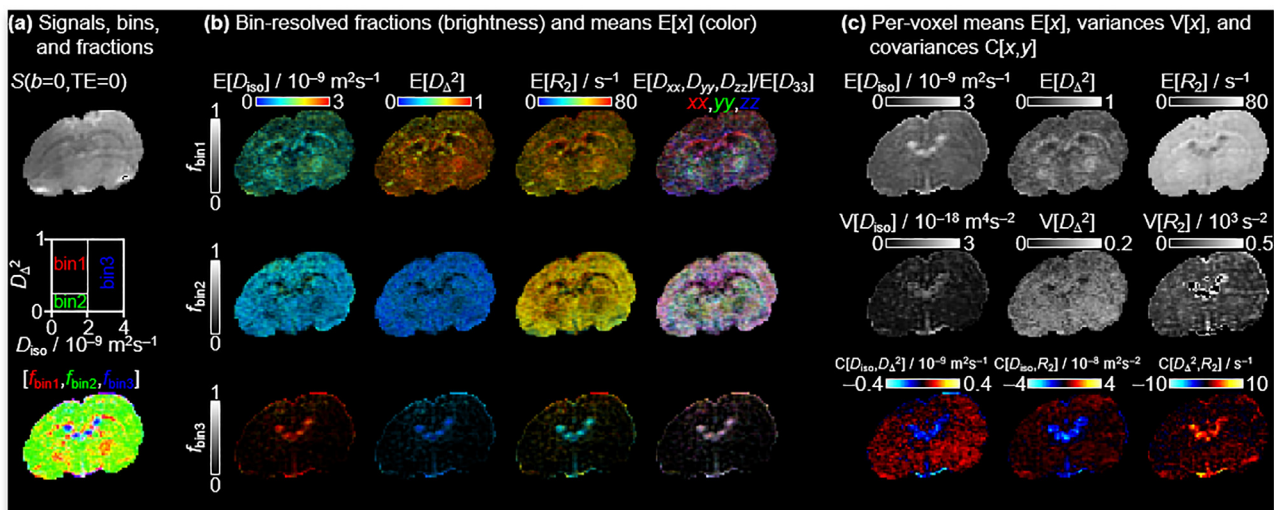
In Fig. 4, data from the phantom are presented. Here, the liquid crystal (red tube in Fig. 4a phantom cartoon), hydrocarbons

(yellow and green tubes in Fig. 4a phantom cartoon) and water are used to emulate the diffusion properties of WM, GM and CSF, respectively [79]. Even though the images are heavily distorted from chemical shift artifacts of the hydrocarbons and ghosting in the phase direction, the 21.1-T implementation of the 5D  $\mathbf{D}-R_2$  method yield parameter maps consistent with the known diffusion and relaxation properties of the constituents of the phantom. Notably, the binning in the  $D_{iso}-D_{\Delta}^2$  plane designed for the calculation of tissue-specific signal fractions in the *in vivo* data also separates the liquid crystal, hydrocarbons and water fractions in the phantom data cleanly. For the liquid crystal, the directionally color-coded map  $E[D_{xx}, D_{yy}, D_{zz}]$  clearly shows the structure of the anisotropic domains [82]. The magnetic susceptibility anisotropy results in an orientational dependence on  $T_2$  and  $T_2^*$  as shown in Fig. 4c. These magnetic field dependent distortions are amplified at ultra-high fields as described by  $\Delta B = \chi_m B_0$ , where  $\Delta B$  is the field imposed by the tissue/material interface and perturbing  $B_0$  by the magnetic susceptibility,  $\chi_m$ , of the material [92]. Susceptibility differences in the phantom consequently exacerbate the warping artifact of the phantom that is not seen *in vivo*. Likewise, the low bandwidth in the phase encoding dimension together with the resonance frequency difference between the water and hydrocarbons leads to pronounced chemical shift displacements of the latter from the top to the lower part of the image.

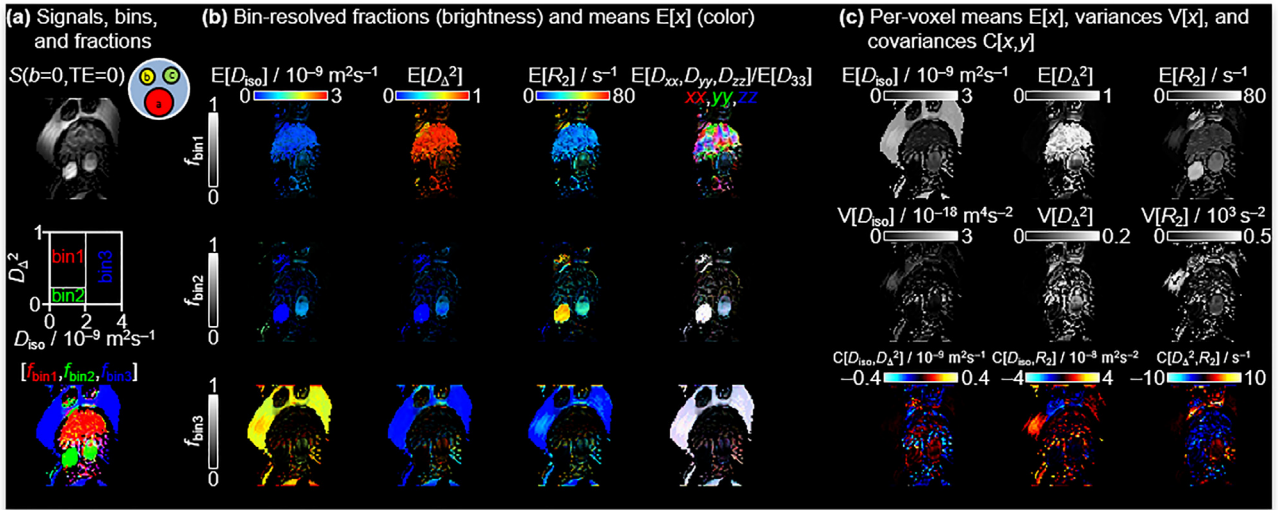
#### 4. Discussion

Reassuringly, the straightforward 21.1-T implementation of a standard EPI sequence broadly reproduces previous results from 3 T [22], however with noticeably lower signal on account of the nearly four-fold increase in  $R_2$  and field gradients induced by differences in magnetic susceptibility.

The trend towards higher fields is expanding with 7 T becoming more applicable in the clinic [93-95] and now with extension to 11 T for animals as well as humans [30]. Discussions and a feasibility study for a 20-T human magnet further predicts future high field trends [75], showing the importance of translating these sequences to higher fields and identifying needs for improvements to overcome challenges introduced at these field strengths. Increased  $B_0$  has many benefits such as SNR, spectral dispersion



**Fig. 3.** Quantitative parameter maps derived from the per-voxel 5D  $\mathbf{D}-R_2$  distributions. (a)  $S_0$  image obtained by Eq. (5). Image segmentation is performed by dividing the 2D  $D_{iso}-D_{\Delta}^2$  plane into three “bins” and calculating signal fractions  $[f_{bin1}, f_{bin2}, f_{bin3}]$  mainly reporting on the spatial distributions of WM, GM and CSF. Here, blue refers to CSF, red to WM and green to GM. (b) Bin-resolved signal fractions and means  $E[x]$  over the  $D_{iso}$ ,  $D_{\Delta}^2$ , and  $R_2$  dimensions according to Eq. (8). The bin fractions and means are coded into brightness intensity, and the properties of interest are represented by the color scales, which are each combined by two orthogonal scales in the image. Direction-encoded colors derive from the lab-frame diagonal values  $[D_{xx}, D_{yy}, D_{zz}]$  and maximum eigenvalue  $D_{33}$ . (c) Per-voxel means  $E[x]$ , variances  $V[x]$  and covariances  $C[x,y]$  of various combinations of  $D_{iso}$ ,  $D_{\Delta}^2$ , and  $R_2$  are as defined in Eqs. (8-10).



**Fig. 4.** Parameter maps for the composite phantom comprising an assembly of tubes with liquid crystal (red tube in **4a** phantom cartoon), hydrocarbons (1-octanol and n-dodecane, shown as yellow and green tubes respectively in **4a** phantom cartoon) and water having diffusion properties similar WM, GM and CSF, respectively. See caption of Fig. 3 for detailed explanation of the panels and legends. Image distortions are exacerbated by susceptibility artifacts and chemical shift displacement of the two hydrocarbons not seen *in vivo*.

and higher spatial resolution, but also some impairments such as susceptibility and warping artifacts in EPI-based encoding due to susceptibility gradients and other artifacts that are amplified by low bandwidths [74]. Depending on the application, relaxation can benefit image contrast but also complicate quantitative assessment. Spin-lattice relaxation of tissues is generally increased with some convergence in values for different tissues, leading to a decreased contrast for  $T_1$ -weighted scans. On the other hand, tissue signals are more readily saturated, benefiting contrast agent and time-of-flight applications. Transverse relaxation ( $T_2$ ) times are generally shortened at increased field strength leading to improved blood oxygen saturation (BOLD) scans and susceptibility imaging, while also increasing the need for short TE scans to compensate for the decreased signal from shortened  $T_2$ .

Published values of the ADC for the striatum of *in vivo* rat at 21.1 T cover the range from 0.7 to  $0.8 \cdot 10^{-9} \text{ m}^2 \text{ s}^{-1}$  for image readout using simple spin echo, EPI, and spatio-temporal encoding (SPEN) at  $b$ -values up to  $1 \cdot 10^9 \text{ s m}^{-2}$  and values of  $\tau_E$  in the range from 25 to 40 ms [31]. For comparison with literature data, ADC values were calculated from  $S(b, \tau_E)$  images synthesized from the 5D  $\mathbf{D}$ - $R_2$  distributions according to Eq. (12), yielding  $\text{ADC} = (0.78 \pm 0.04) \cdot 10^{-9} \text{ m}^2 \text{ s}^{-1}$  (mean  $\pm$  standard deviation) at  $b = 1 \cdot 10^9 \text{ s m}^{-2}$  and  $\tau_E = 30 \text{ ms}$ , which can be contrasted with  $E[D_{\text{iso}}] = (0.99 \pm 0.09) \cdot 10^{-9} \text{ m}^2 \text{ s}^{-1}$  corresponding to ADC in the limit  $b = 0$  and  $\tau_E = 0$ .

To capitalize on the potential SNR gains by ultra-high field, advanced diffusion sequences may require correspondingly ultra-strong gradients [38,39,60,96–98] to minimize the duration of typically lengthy gradient waveforms and, image read-out approaches. SPEN [31,35,90,99] or gradient and spin echo (GRASE) [100] are examples of such approaches that are less susceptible to  $B_0$  inhomogeneity and relaxation than single-shot EPI. SPEN has been used at 21.1-T and has shown that  $B_0$  artifacts can be overcome despite the minimum  $\tau_E$  being longer than that of traditional spin-echo EPI [31,35]. With SPEN,  $\tau_E$  increases linearly with the spatial coordinate in the low-bandwidth dimension, producing a gradient in  $T_2$ -weighting that potentially can produce a bias in diffusion metrics. Yon *et al.* has expanded on SPEN readout and incorporated the multidimensional diffusion approach at 15.2 T (79, 90). In doing so, Yon *et al.* employed SPEN in its fully refocusing mode and increased bandwidth to reduce  $B_0$  inhomogeneity artifacts without compromising diffusion tensor distribution metrics from

the incorporated multidimensional diffusion acquisition scheme [90]. In addition, Yon *et al.* [101] showed that the SPEN technique alleviated artifacts in distortion prone regions of mouse brains for diffusion tensor imaging (DTI). Interleaved multi-segmented EPI acquisitions at 21.1 T also have been shown to reduce echo times and alleviate geometric distortions; however, this approach did not provide reliable ADC values, potentially due to motion or sampling impacts on signal [31]. Notably, the current study, as with other single-shot EPI readouts acquisitions [31,35], did provide expected and reliable diffusion measures. Persistent geometric distortions and artifacts are particularly prevalent in the composite phantom for which susceptibility mismatches together with chemical shift significantly reduce image quality. Nevertheless, as shown not only in this report but also others, *in vivo* and phantom diffusion data are accurate quantitatively [31,35,79]. There are other strategies that can be implemented for future work that are commonly used in clinical settings to correct for EPI or field inhomogeneities, such as acquiring  $B_0$  maps or inverted EPI blips. Other corrections such as brain/skull extraction, signal drift correction, denoising, etc [102] to improve data visualization should be considered for future work but may not be relevant in a preclinical setting.

## 5. Conclusion

In this study, it has been shown that an advanced diffusion scheme such as the multidimensional diffusion can be implemented at 21.1 T to provide results consistent with previous lower field studies. To realize the full potential of ultra-high field, efforts need to be directed to both sequence design and gradient hardware improvements to minimize warping artifacts and reach even shorter values of  $\tau_E$ .

## Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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## Author statement

Jens T. Rosenberg: methodology, validation, investigation, resources, writing original draft and visualization. Samuel C. Grant: conceptualization, review and editing. Daniel Topgaard: conceptualization, methodology, software, validation, formal analysis, data curation, writing original draft, review and visualization.

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