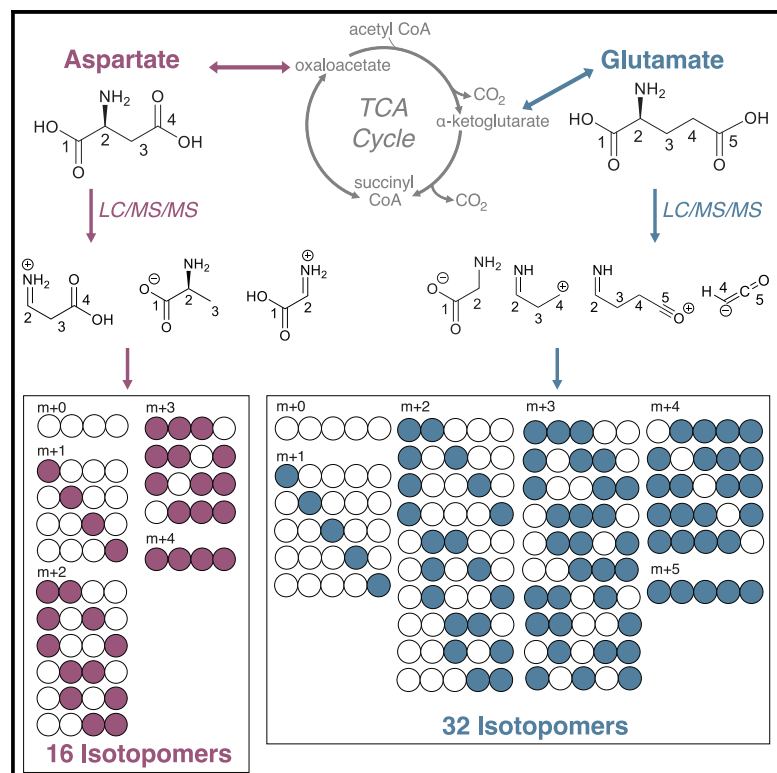


Cell Metabolism

Comprehensive isotopomer analysis of glutamate and aspartate in small tissue samples

Graphical abstract



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In brief

Cai et al. developed a sensitive mass spectrometry method to report all 16 aspartate and 32 glutamate positional ^{13}C isotopomers. In small tissue samples labeled with ^{13}C , the method reveals aspects of TCA cycle metabolism difficult or impossible to detect with non-positional mass spectrometry or NMR.

Highlights

- MS-based isotopomer method requires less than 1% of the sample required for NMR
- Isotopomer distributions provide detail about TCA cycle labeling from ^{13}C tracers
- MS method is particularly useful in human and mouse isotope-tracing experiments



Technology

Comprehensive isotopomer analysis of glutamate and aspartate in small tissue samples

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SUMMARY

Stable isotopes are powerful tools to assess metabolism. ¹³C labeling is detected using nuclear magnetic resonance (NMR) spectroscopy or mass spectrometry (MS). MS has excellent sensitivity but generally cannot discriminate among different ¹³C positions (isotopomers), whereas NMR is less sensitive but reports some isotopomers. Here, we develop an MS method that reports all 16 aspartate and 32 glutamate isotopomers while requiring less than 1% of the sample used for NMR. This method discriminates between pathways that result in the same number of ¹³C labels in aspartate and glutamate, providing enhanced specificity over conventional MS. We demonstrate regional metabolic heterogeneity within human tumors, document the impact of fumarate hydratase (FH) deficiency in human renal cancers, and investigate the contributions of tricarboxylic acid (TCA) cycle turnover and CO₂ recycling to isotope labeling *in vivo*. This method can accompany NMR or standard MS to provide outstanding sensitivity in isotope-labeling experiments, particularly *in vivo*.

INTRODUCTION

Stable isotope tracers including ¹³C, ²H, and ¹⁵N are powerful tools to probe metabolism.^{1,2} Because these isotopes do not undergo radioactive decay, they are considered safe to administer, and a wide variety of labeled nutrients are readily available for experimental or clinical use. Nutrients labeled with a stable isotope (e.g., ¹³C-glucose) may be introduced to the study subject via enteral or parenteral routes. Metabolism of the labeled nutrient transmits the isotope to metabolic products. Labeling in these products, obtained through fluid or tissue sampling, can be inspected to infer metabolic activity in the intact system. In humans, stable isotope tracing has been used to assess the turnover of glucose, lipids, and proteins, rates of whole-body substrate oxidation, and alteration of these processes by disease.^{3–7} Recent studies have assessed human tumor meta-

bolism by examining isotope transfer from labeled nutrients in the circulation to metabolites extracted from tumor specimens.^{8–13}

Mass spectrometry (MS) and nuclear magnetic resonance (NMR) spectroscopy can measure isotope enrichment in metabolites of interest. MS has excellent sensitivity and determines both the total enrichment of a metabolite pool and the contributions of each isotopolog to the pool. For example, in a ¹³C labeling experiment designed to examine a metabolite with *i* carbons, MS reports the fraction of the pool contributed by *M* + 0, *M* + 1, *M* + 2 ... *M* + *i* forms of the metabolite, where *M* is the mass of the unlabeled metabolite. Assessment of isotopologs by MS does not report the position of ¹³C within the metabolite. This is a significant limitation because a metabolite of *i* carbons has *i* + 1 isotopologs but 2^{*i*} labeled forms (isotopomers) when the position of each ¹³C is considered.



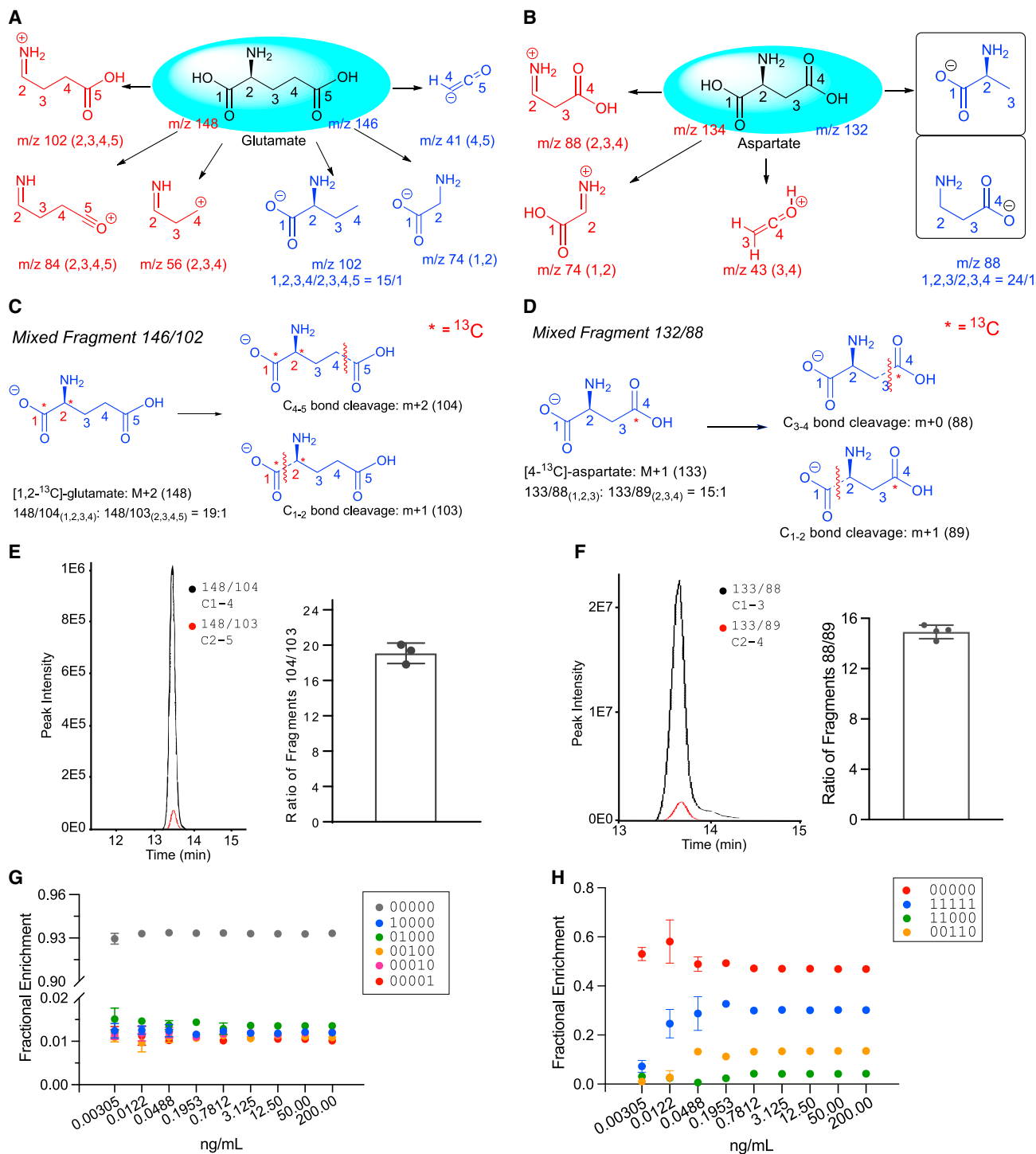


Figure 1. Development of LC-MS/MS analysis of glutamate and aspartate isotopomers

(A and B) LC-MS/MS fragmentation of glutamate (A) and aspartate (B). Carbon numbers correspond to positions in the unfragmented molecule. Precursor/product ion pairs are described in the text.

(C) Composition of the mixed 146/102 fragment from glutamate.

(D) Composition of the mixed 132/88 fragment from aspartate.

(E) Relative abundance of the 148/104 (C1–C4) and 148/103 (C2–C5) ion pairs from a [1,2- ${}^{13}\text{C}$]-glutamate standard (3 technical replicates).

(F) Relative abundance of the 133/88 (C1–C3) and 133/89 (C2–C4) ion pairs from a [4- ${}^{13}\text{C}$]-aspartate standard (4 technical replicates).

(legend continued on next page)

Therefore, isotopolog analysis by simple MS is informative but lacks the full complement of information afforded by isotopomer analysis. NMR is the analytical method of choice for isotopomer analysis because the local magnetic environment around an atomic nucleus translates into a predictable position on a chemical shift spectrum, which allows the position of ^{13}C within a molecule to be reported.¹⁴ However, NMR generally does not report all possible isotopomers, and it has low sensitivity relative to MS.

Isotopomer analysis has classically been used to assess the tricarboxylic acid (TCA) cycle, a mitochondrial pathway of fuel oxidation.¹⁵ This pathway is central to both energy formation and biosynthesis because it provides reducing equivalents for oxidative phosphorylation and intermediates for lipid, protein, and nucleotide biosynthesis. Carbon enters the TCA cycle via acetyl-coenzyme A (CoA), which largely arises from pyruvate dehydrogenase (PDH) and fatty acid or ketone oxidation or through anaplerotic pathways supplied by pyruvate carboxylation and oxidation of some amino acids and other fuels. The relative contributions of different acetyl-CoA sources, anaplerosis, pyruvate recycling, and cycle turnover are encoded by specific ^{13}C isotopomers in metabolites related to the TCA cycle. Glutamate isotopomers are particularly useful because glutamate provides information about the acetyl-CoA and oxaloacetate (OAA) that supply citrate synthase and because the high intracellular abundance of glutamate makes it a convenient metabolite for analysis.

Previous studies have used fragmentation patterns in tandem MS to examine isotopomers of metabolites related to the TCA cycle. Gas chromatography-tandem MS (GC-MS/MS) was used to partially resolve isotopomers of glutamate extracted from hearts perfused with ^{13}C -labeled fuels.¹⁶ GC-MS/MS was also used to derive all 16 aspartate isotopomers.¹⁷ Either a combination of liquid chromatography-MS (LC-MS) and NMR or LC-MS/MS alone was used to study bacterial samples containing OAA isotopomers¹⁸ or mixed standards of malate isotopomers.¹⁹ Grouped rather than individual isotopomers from multiple TCA cycle intermediates, including some groups of glutamate isotopomers, were determined with LC-MS/MS and used to calculate fluxes in cultured cells.²⁰

We set out to develop an LC-MS/MS method to identify the 32 individual isotopomers of glutamate and 16 individual isotopomers of aspartate. Our motivation is the increasing use of stable isotope tracers to assess cancer metabolism *in vivo*. These studies produce complex labeling patterns that are difficult to interpret without positional assignment of ^{13}C . The large sample size required for NMR makes it impractical to use this technique to study regional heterogeneity in ^{13}C labeling, which is significant in solid tumors. We benchmarked the new method against NMR and find that it provides similar information about isotopomer distributions despite requiring only 16,000 cells or 0.5 mg of tissue. We also demonstrate the method's superiority to simple isotopolog analysis in assessing metabolism of cultured cancer cells and tumors growing in mice and patients.

DESIGN

We first developed an approach to detect all 32 glutamate isotopomers using multiple reaction monitoring (MRM) with LC-MS/MS. Glutamate contains five carbons and four carbon-carbon σ bonds. We examined the fragmentation pattern of glutamate and found seven precursor/product ion pairs (M/m) as summarized in Figure 1A, in which precursor ions are denoted with a capital M and product ions are denoted with a lowercase m. Two ion pairs, 146/41 and 146/59, report the C4–C5 (carbon 4 and carbon 5) fragment, but the 146/41 ion pair produces a higher-quality peak on a Sciex QTRAP 6500 and was used in the analyses below. The 146/74 and 148/84 (or 148/102) ions report the C1–C2 and C2–C5 fragments, respectively. Both 148/84 and 148/102 positive ions resulted from C1–C2 cleavage and showed high-quality peaks, but 148/84 was chosen because it provided more consistent signals. The 146/102 negative ion is a mixture of C1–C4 and C2–C5 fragments, both resulting from CO_2 loss during fragmentation. By examining the 148/104 and 148/103 ions fragmented from a [1,2- ^{13}C]glutamate standard (denoted as glutamate 11000 throughout this paper, with 1 indicating ^{13}C and 0 indicating ^{12}C), we determined that the C1–C4 and C2–C5 fragments are generated at a fixed ratio of 19:1, allowing relative quantitation of these two fragments (Figures 1C and 1E).¹⁹ The 148/56 ion mainly arises from the C2–C4 fragment along with a negligible amount (2%) of C3–C5. These fragments were validated by examining the 150/57 and 150/56 fragmentation of a glutamate 11000 standard (Data S1, Scheme 1a).

It is worth noting that the 146/41 ion pair can also be generated from the C2–C4 fragment (C_3H_5^-) and may interfere with the C4–C5 fragment (C_2HO^-).¹⁹ The contribution of C2–C4 versus C4–C5 in the 146/41 ion pair can be distinguished by measuring the 151/43 (M + 5/m + 2, $^{13}\text{C}_2\text{HO}^-$, and C4–C5 fragment) and 151/44 (M + 5/m + 3, $^{13}\text{C}_3\text{H}_5^-$, and C2–C4 fragment) ion pairs from a glutamate 11111 standard (Data S1, Scheme 1b). We observed both 151/43 and 151/44 on a Sciex QTRAP 5500, but the 151/44 ion pair was below the detection limit on a Sciex QTRAP 6500. If both ion pairs are detected, their ratio should be considered in the isotopomer distribution matrix.

With these five main precursor/product ion pairs (146/41, 146/74, 146/102, 148/56, and 148/84) in unlabeled glutamate, additional ion pairs can differentiate labeled higher order isotopomers in the format M + i/m + j ($j \leq i$), in which i denotes the number of ^{13}C in the precursor ion and j denotes the number of ^{13}C in the product ion. Taking all the ^{13}C isotopomers into account, 88 total ion pairs were identified (Data S2). There are twenty ion pairs associated with labeled forms of 146/102, which mainly represent the C1–C4 fragment, and 148/56, which includes the C2–C4 fragment and therefore also reports information about C4–C5 bond cleavage. These twenty ion pairs seem redundant, but this complementary information can improve accuracy in some samples. For example, the chromatogram peak for 147/75, an M + 1/m + 1 labeled form of 146/74, often

(G) Relative quantitation of naturally occurring glutamate isotopomers (3 technical replicates).

(H) Relative quantitation of isotopomers from a mixture of [1,2- ^{13}C]glutamate (5%), [3,4- ^{13}C]glutamate (15%), [U- ^{13}C]glutamate (30%), and unlabeled glutamate (50%) across a range of concentrations (3 technical replicates).

The data in (E)–(H) are shown as mean \pm SD.

overlaps with other metabolites. Although this prevents precise analysis of the 147/75 ion pair, other ion pairs provide complementary information (Data S1).

We performed a similar isotopomer analysis of aspartate (Figure 1B). We identified 4 ion pairs (134/88, 134/74, 134/43, and 132/88) to distinguish the C–C bond cleavage site. The 132/88 ion pair is a mixture of fragments C1–C3 and C2–C4 (Figure 1D). Using an aspartate 0001 standard, we measured the ratio of 133/88 and 133/89 to differentiate the contribution of C1–C3 versus C2–C4 in ion pair 132/88 and determined that the average ratio of C1–C3:C2–C4 is 15:1 (Figure 1F). There are twelve ion pairs associated with labeled forms of 134/43, and these ion pairs provide redundant information to improve accuracy.

The distribution matrix that linearly maps the 88 ion pairs to all 32 glutamate isotopomers only has a rank of 28 out of a full rank of 32. Obtaining additional fragments of C2–C3 and C3–C4 may produce a complete rank, but this is not feasible due to the chemical properties of glutamate. Gratifyingly, nonnegative least square regression fit in this situation provides information about all 32 glutamate isotopomers. The fitting results were then evaluated through a survey of 5,000 groups of 32 random fractions using the R script that was uploaded to GitHub. The result is shown in Data S1, Figure 1, which includes the median and 95% confidence interval for isotopomer distribution error based on this simulation. Eighteen of the glutamate isotopomers are highly precise with absolute errors of less than 7×10^{-17} . The remaining fourteen have absolute errors up to $\pm 4\%$. In reality, a single tracer would predominantly generate a major isotopomer of acetyl-CoA such as $[1-^{13}\text{C}]$, $[2-^{13}\text{C}]$, or $[1,2-^{13}\text{C}]$ acetyl-CoA. After incorporating this information, we conducted new surveys with the contents of two acetyl-CoA isotopomers summing to no more than 2% of the third isotopomer and found that the highest error in the 14 less accurate isotopomers declined to below 0.5%. Therefore, errors can be mitigated by choosing labeling strategies that minimize the contributions of mixed acetyl-CoA isotopomers.

The 14 isotopomers with the highest apparent uncertainty are all from M + 2 or M + 3 isotopologs, and 10 of the 14 contain only single labels in their C4–C5 fragments. These isotopomers are relatively scarce in tracing experiments that produce $[1,2-^{13}\text{C}]$ acetyl-CoA (e.g., $[\text{U}-^{13}\text{C}]$ glucose and $[1,2-^{13}\text{C}]$ acetate). Two additional isotopomers (glutamate 10011 and 01011) are downstream of OAA 0001, 1001, 0010, or 1010). These isotopomers are also expected to be scarce when the major labeled form of acetyl-CoA is $[1,2-^{13}\text{C}]$ acetyl-CoA (Figure S1). The last two isotopomers, glutamate 10100 and 01100, provide information related to TCA cycle turnover but have relatively high errors. However, these two isotopomers are directly proportional to glutamate 10111 and 01111 and the fraction of acetyl-CoA supplying the TCA cycle and labeled as $[1,2-^{13}\text{C}]$ acetyl-CoA (F_{C_3} ; see below). Thus, these last two isotopomers can be evaluated by combining an analysis of glutamate 10111 and 01111 with F_{C_3} . We performed similar calculations for all 16 aspartate isotopomers and evaluated their accuracy with 16 random fractions generated through beta distributions (Data S1, Figure 2). Four isotopomers, aspartate 1010, 0110, 1001, and 0101, produced errors up to $\pm 6\%$. These four isotopomers are not expected to be abundant in tracing experiments that produce $[1,2-^{13}\text{C}]$ acetyl-CoA.

To validate the glutamate isotopomer method, we first examined a naturally occurring glutamate standard across a range of concentrations without natural abundance correction (Figure 1G). This revealed the presence of all five forms of singly labeled glutamate (at positions C1–C5) at approximately 1% each, close to the expected 1.1% natural abundance of ^{13}C at each position. As expected, unlabeled glutamate was approximately 94% (Figure 1G). The absolute errors are approximately 0.15%, with higher errors of 0.3% for glutamate C2, representing a relative error of 30%. The relative errors for C5 are as low as 10%, making it one of the most accurate positions (Figure S2A). In this experiment, errors arise in part to the fact that the natural abundance distribution in Figure 1G is uncorrected. MRM is a low-resolution MS method and cannot distinguish between ^{15}N and ^{13}C . Multiple fragments contain nitrogen, and the C2 and nitrogen are bonded in all related fragments. However, in Figure 1G, ^{15}N was assigned as the more naturally abundant ^{13}C (^{15}N is 0.37% natural abundance, whereas ^{13}C is 1.1%). This artificially increases the fraction of some isotopomers, especially 01000. Correcting for natural abundance isotopes with a corresponding matrix mitigates these small absolute errors across a range of glutamate concentrations, and as a result, all singly ^{13}C -labeled glutamates including 01000 are essentially zero, whereas unlabeled glutamate is above 99.9% (Figure S2B).

We next examined a solution of 50% glutamate 00000, 5% glutamate 11000 (99% isotope purity, 98% chemical purity), 15% glutamate 00110 (99% isotope purity, 98% chemical purity), and 30% glutamate 11111 (99% isotope purity, 98% chemical purity). Different concentrations of this mixture were used to explore the dynamic range of the method (Figure 1H). In each sample, all 32 isotopomers were analyzed. Our measurements of these isotopomers by LC-MS/MS resulted in absolute errors of 1% or less. In addition, the relative standard deviation (RSD) values were below 5% at a glutamate concentration of 0.78 ng/mL and below 2% at a glutamate concentration of 3.12 ng/mL. Lower concentrations result in poor signals of some key ion pairs (e.g., 146/41, 146/74). We note that some degree of saturation at the ion source interferes with glutamate ionization but does not affect the ratios among different isotopomers.^{21,22} However, saturation of the mass spectrometer detector should be avoided.

RESULTS

Validating LC-MS/MS method against NMR isotopomer analysis

To extend the isotopomer method to biological samples and benchmark it against 1D ^{13}C NMR, we cultured H460 lung cancer cells in a medium containing $[\text{U}-^{13}\text{C}]$ glucose for 24 h and then extracted the metabolites from three 15 cm dishes at approximately 90% confluence. We used 1% of the extract for LC-MS/MS and the rest for NMR. ^{13}C NMR reported the relative abundance of a subset of glutamate and aspartate isotopomers based on spin coupling generated by adjacent ^{13}C nuclei (Figures 2A and 2B), whereas LC-MS/MS analysis reported all 32 isotopomers of glutamate and all 16 isotopomers of aspartate (Figures 2C and 2D). To directly compare the isotopomer distributions reported by the two methods, data from LC-MS/MS were left uncorrected for naturally occurring isotopes and

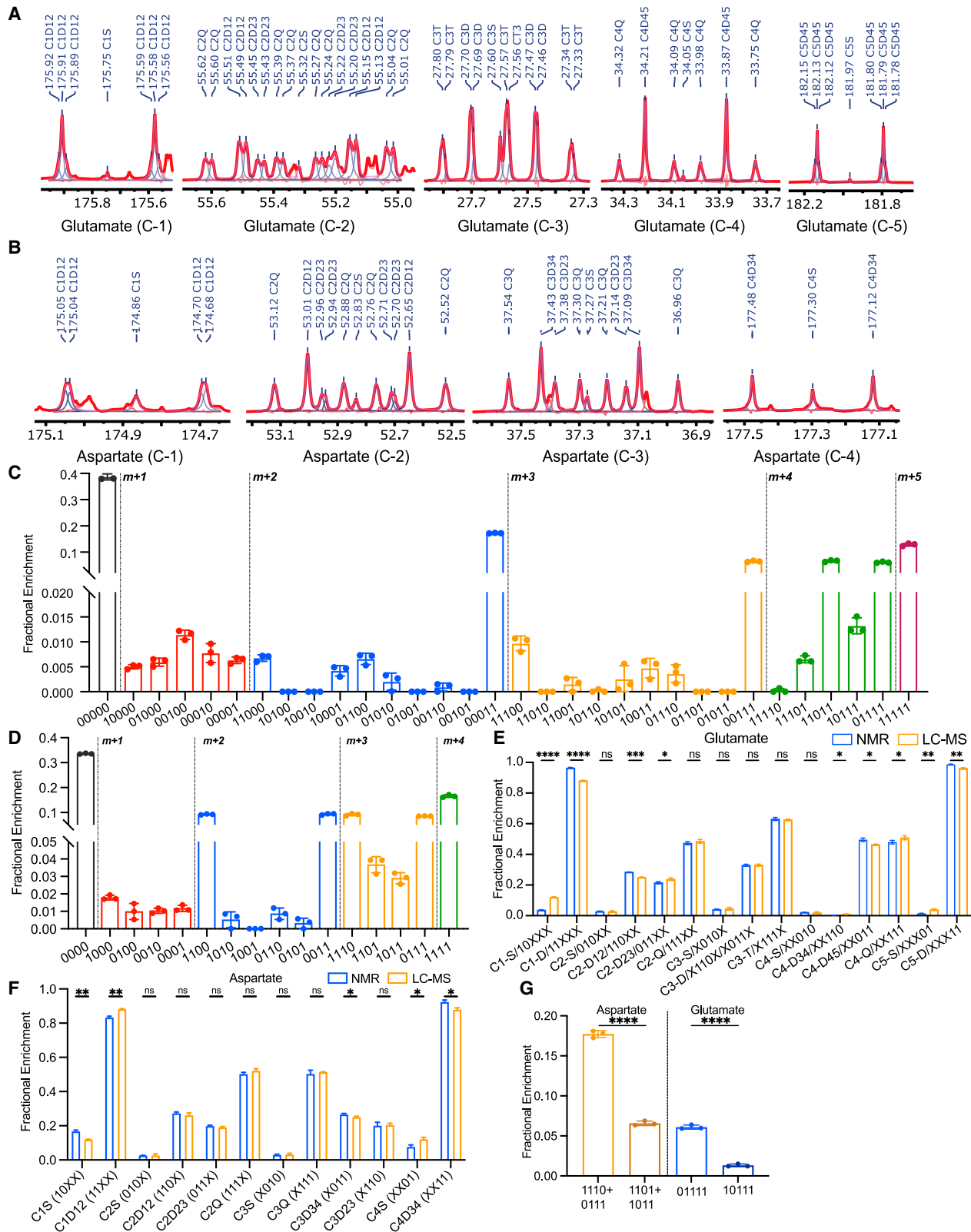


Figure 2. Comparison of isotopomer analysis from NMR and LC-MS/MS

(A) An example of 1D ^{13}C NMR spectrum from H460 lung cancer cells cultured with $[\text{U-}^{13}\text{C}]$ glucose. Multiplets from all five glutamate carbons are displayed. (B) 1D ^{13}C NMR spectrum from the same culture as shown in (A) displaying multiplets from all four aspartate carbons.

(legend continued on next page)

summarized in the same format as the ^{13}C NMR data (Figures 2E and 2F). This revealed excellent consistency for isotopomers related to glutamate carbons C2–C4 and aspartate carbons C2–C3, which contain most of the information relevant to TCA cycle turnover. Glutamate C1-S/C1-D and C5-S/C5-D exhibit consistent differences between NMR and LC-MS/MS (Figures 2E and S2C). However, the percentages of both C1-S and C5-S in the NMR data are under 5% and may not be accurate. Therefore, it is difficult to benchmark the LC-MS/MS data from these carbons against NMR. Other differences like glutamate C2-D and aspartate C1-S/C1-D are also apparent but do not follow consistent trends among the samples. The issue with these carbons seems to lie with the NMR analysis. The aspartate C1 singlet sometimes overlaps with resonances from other metabolites, complicating the accurate integration of the C1 multiplet (Figure S2D). In spectra lacking these overlapping resonances (e.g., Figure 2B), analysis of aspartate C1 was concordant between NMR and LC-MS/MS (Figure S2C). Overall, although there are some differences between LC-MS/MS and NMR, they generally involve limitations of NMR related to overlapping signals, which are complicated further by low isotopomer abundance.

An advantage of isotopomer analysis is that it allows the calculation of metabolic parameters such as F_{C_3} . This term denotes the fraction of acetyl-CoA supplying the TCA cycle with ^{13}C at both the carbonyl and methyl carbons. Anaplerosis (y) can also be calculated through isotopomer analysis. Using samples from the $[\text{U-}^{13}\text{C}]$ glucose culture, we compared F_{C_3} and y values derived from NMR and LC-MS/MS. From the LC-MS/MS data, F_{C_3} was calculated with a formula commonly used in NMR (Equation 1) or by directly using glutamate 11000 and 11011 (Equation 2). These equations calculated F_{C_3} as 0.865 ± 0.004 and 0.907 ± 0.012 , respectively. Equation 1 also calculated F_{C_3} as 0.898 ± 0.056 from the NMR data. Using an equation developed for NMR (Equation 3), relative anaplerotic flux (y) was calculated as 0.351 ± 0.014 from LC-MS/MS data and 0.436 ± 0.047 from NMR data (Data S2). Therefore, the new LC-MS/MS analysis provides similar information about metabolism as the established NMR approach while requiring much less input material.

$$F_{\text{C}_3} = \text{Glu4Q} \times \frac{\text{GLU4}}{\text{GLU3}} \quad (\text{Equation 1})$$

$$F_{\text{C}_3} = \frac{\text{glu11011}}{\text{glu11000} + \text{glu11011}} \quad (\text{Equation 2})$$

$$y = \frac{\frac{\text{GLU4}}{\text{GLU3}} - 1}{2} \quad (\text{Equation 3})$$

Glu4Q is the area of the glutamate C4 quartet divided by the total C4 area, whereas Glu4/Glu3 is the ratio of total Glu4 resonance to total Glu3 resonance.

It is significant that the fractions of aspartate 1110 and 0111 differ from aspartate 1101 and 1011 (Figure 2D). In a simple metabolic network with acetyl-CoA as the only carbon source for the TCA cycle, these four $m + 3$ isotopologs should be present in equal fractions because of the symmetric structure of succinate and fumarate (Figure S1A). However, ^{13}C enters the TCA cycle as both acetyl-CoA and OAA in cells with concomitant PDH and pyruvate carboxylase (PC) activity (Figure S1B). The difference between the sum of aspartate 1110 and 0111, which arise initially from PC, and aspartate 1101 plus 1011, which arise from multiple pathways, indicates that PC is active and contributes to the TCA cycle (Figure 2G). The corresponding difference is found in glutamate, in which glutamate 01111 (arising from OAA 1110 and $[1,2\text{-}^{13}\text{C}]$ acetyl-CoA) is more abundant than glutamate 10111 (arising from OAA 1101 and $[1,2\text{-}^{13}\text{C}]$ acetyl-CoA) (Figure 2G). These findings emphasize that positional ^{13}C assignment detects the consequences of multiple routes of ^{13}C entry into the TCA cycle, even among isotopomers with the same number of ^{13}C nuclei.

Limits of detection

We established the detection limits for this method using ^{13}C -labeled standards, cell lines cultured with $[\text{U-}^{13}\text{C}]$ glucose, and tissues from mice infused with $[\text{U-}^{13}\text{C}]$ glutamine or $[\text{U-}^{13}\text{C}]$ glucose. We prepared two groups of standards. One set contained $[1,2\text{-}^{13}\text{C}]$ glutamate and $[1,4\text{-}^{13}\text{C}]$ aspartate at fractional enrichments of 1%–5%. The second contained $[3,4\text{-}^{13}\text{C}]$ glutamate at fractional enrichments of 1%–5%. The true fractions of each isotopomer are equal to the corresponding isotopologs, which were measured using a high-resolution full scan on an orbitrap mass spectrometer. For the measured isotopomers, the relative errors were below 10% for isotopomers with at least 2% fractional enrichment and decreased further as the fractional enrichment increased (Figure S2E). In isotopomers with 1%–2% enrichment, relative errors could be as high as 30% (Figure S2E). We emphasize that isotopomers at such low abundance would be difficult to detect at all using NMR, so even with these relative errors, the new isotopomer method provides otherwise unavailable information.

We then determined the isotopomer distribution from two cell lines, Huh7 hepatoma cells and SFxL glioma cells, using roughly 1 million cells per sample. We performed serial dilutions until we obtained samples equivalent to 2,000 cells. Because these measurements are a mixture of isotopomers and their respective ratios, it is difficult to define the lowest limit for each individual isotopomer. To establish the minimum amount of material required, we sought to have a RSD of less than 10% for fractional enrichments above 2%, and RSD of less than 30% for fractional enrichments of 1%–2%. We find that the isotopomer distributions are consistent down to approximately 16,000 cells (Figures S3A–S3D).

(C) Fractional enrichment of 32 glutamate isotopomers from H460 lung cancer cells cultured with $[\text{U-}^{13}\text{C}]$ glucose by LC-MS/MS (3 biological replicates).

(D) Fractional enrichment of 16 aspartate isotopomers of H460 lung cancer cells cultured with $[\text{U-}^{13}\text{C}]$ glucose by LC-MS/MS (3 biological replicates).

(E) Comparison of glutamate isotopomer analysis by ^{13}C NMR and LC-MS/MS using data from (C) (3 biological replicates).

(F) Comparison of aspartate isotopomer analysis by ^{13}C NMR and LC-MS/MS using data from (D) (3 biological replicates).

(G) The sum of aspartate 1110 and 0111, which arise from PC, versus aspartate 1101 plus 1011, which arise from multiple pathways, and the corresponding differences in glutamate 01111 and 10111 (3 biological replicates).

The data in (C)–(G) are shown as mean \pm SD. ns, $p > 0.05$; * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$; **** $p \leq 0.0001$. Unpaired t tests were used for (E)–(G).

We next took kidney, liver, and brain tissues from healthy 12- to 16-week-old NSG mice infused with [U-¹³C]glutamine. We prepared extracts from these tissues so that each injection into the LC-MS/MS would be equivalent to 1–2 mg of tissue. We then performed serial dilutions of the extracts until the injection amount was equivalent to 10 μg tissue samples. For isotopomers with enrichments of 1% or more, the distributions are consistent down to injections equivalent to 500 μg of tissue (Figures S3E and S3F). Similar to the experiments involving cultured cells, we used RSD cutoffs of less than 10% for fractional enrichments above 2%, and RSD less than 30% for fractional enrichments of 1%–2%.

We then infused mice at different rates to examine isotopomer labeling at different levels of precursor labeling. Healthy 12- to 16-week-old NSG mice were infused with [U-¹³C]glucose at one of four different rates. This produced a range of glucose m + 6 enrichments in the brain at the end of the infusion, and labeling in both glutamate and aspartate correlated with glucose m + 6 enrichment (Figure S3G). Individual isotopomers of glutamate and aspartate occurred at varying levels, with glutamate 00011 being the most abundant across the range of glucose m + 6 enrichments (Figure S3G). Other isotopomers were also detected and became more prominent at higher glucose m + 6 enrichments. This experiment demonstrates that several isotopomers can be detected in the mouse brain, even at tissue glucose enrichments under 5%.

Detection of distinct modes of anaplerosis in cancer cell lines and mouse tissues

Cancer cells in culture have substantial anaplerotic fluxes as described above for H460 cells. Glutamine catabolism and PC are two well-characterized modes of anaplerosis.^{23,24} We previously analyzed ¹³C enrichment using NMR and non-positional MS to characterize anaplerosis in SFxL (high glutamine catabolism) and Huh7 (high PC) cells.²⁴ To test whether the LC-MS/MS method detects these differences, we cultured both cell lines with [U-¹³C]glucose and analyzed positional labeling with natural abundance correction. Over several hours, Huh7 cells displayed enhanced fractional accumulation of PC-dependent isotopomers of aspartate (1110 and 0111) and glutamate (11100 and 01100) compared with SFxL cells (Figures 3A–3D). Huh7 cells also rapidly accumulated higher-ordered labeling in glutamate (01111 and 11111), in which the former arose from OAA 1110 and [1,2-¹³C]acetyl-CoA, and the latter from OAA 0111 and [1,2-¹³C]acetyl-CoA (Figures 3A and 3B).

To further examine PC-dependent labeling, we used [3,4-¹³C]glucose. With this tracer, ¹³C enters the TCA cycle only via OAA as a consequence of PC activity (Figure S4). In Huh7 cells, labeled aspartate appeared rapidly as 1000 and 0001, whereas these isotopomers accumulated slowly in SFxL cells (Figures 3E and 3F). Glutamate 10000, which also arises downstream of PC, appeared more rapidly in Huh7 cells (Figure 3G).

We next examined the effects of PC loss by depleting PC in Huh7 cells using CRISPR-Cas9 (Figure 3H). During culture with [U-¹³C]glucose, control cells expressing a non-targeting guide RNA (sgScr) demonstrated rapid production of aspartate 1110 and 0111, similar to parental Huh7 cells (Figure 3I). However, in the two PC-deficient lines, labeled forms of aspartate were reduced 10-fold or more (Figures 3J and 3K).

Finally, we explored PC activity in mouse organs after infusing them with [U-¹³C]glucose. In the liver and kidney, the sum of aspartate 1110 plus 0111 far exceeded the sum of aspartate 1101 plus 1011, indicating PC activity (Figure 3L). A smaller but still positive difference was observed in lung and brain. These data are consistent with the known robust PC activity in liver and kidney.

Application of LC-MS/MS to interpret labeling patterns in a mouse model of tumor growth

We next used LC-MS/MS isotopomer analysis to assess labeling in tumors from mice infused with ¹³C-labeled nutrients. We generated SK-N-AS neuroblastoma xenografts, infused the mice with either [U-¹³C]glucose or [1,2-¹³C]acetate, and treated them with vehicle control (dimethyl sulfoxide [DMSO]) or IACS-010759, an inhibitor of complex I of the electron transport chain (ETC). Because complex I recycles NADH to NAD⁺, and PDH requires NAD⁺ as a cofactor, IACS-010759 reduces the fractional abundance of isotopomers arising from PDH.²⁵ Indeed, glutamate 00011 and F_{C3} were suppressed by IACS-010759 during infusion with [U-¹³C]glucose (Figures 4A and 4B). Labeling in the second turn of the TCA cycle (e.g., glutamate 11000) was also suppressed by IACS-010759 (Figure 4C). IACS-010759 increased rather than decreased glutamate 00011 and F_{C3} after infusion with [1,2-¹³C]acetate, which does not require PDH to label acetyl-CoA (Figures 4D and 4E). Therefore, the method detects the anticipated effects of complex I inhibition in tumor-bearing mice.

A puzzling aspect of *in vivo* tumor metabolism studies is the presence of large M + 1 isotopolog fractions in TCA cycle intermediates after infusion with tracers that produce [1,2-¹³C]acetyl-CoA (e.g., [U-¹³C]glucose).^{26,27} Explanations for these M + 1 isotopologs include carboxylation of unlabeled intermediates using ¹³CO₂ liberated during the oxidation of labeled fuels, and the progressive oxidation of M + 2 isotopologs through multiple rounds of the TCA cycle.^{27,28} Simple isotopolog analysis does not discriminate between these possibilities. However, the position of ¹³C within TCA cycle metabolites reflects the mechanism of label delivery to the cycle (Figures S5A and S5B). Carboxylation reactions label the outer carbons of the product metabolite, and the label is subsequently lost as the product is oxidized. Labeling of citrate through condensation of [1,2-¹³C]acetyl-CoA and unlabeled OAA produces M + 2 intermediates through the first turn of the cycle, with the ¹³C located at positions 4 and 5 of glutamate and then at either 1 and 2 or 3 and 4 of aspartate. With each subsequent turn, the likelihood of incorporating [1,2-¹³C]acetyl-CoA is proportional to its fractional enrichment, which is low in SK-N-AS tumors (F_{C3} = 0.3; Figure 4B). Oxidation of intermediates labeled as M + 2 on the first turn results in M + 1 labeling, starting in turn 2, but the position of ¹³C is mixed between inner and outer carbons. Specifically, labeling in aspartate under this scenario is predicted to be distributed equally between inner and outer carbons, even with no contribution of ¹³CO₂ recycling. Examination of M + 1 aspartate labeling after natural abundance correction in SK-N-AS xenografts infused with [U-¹³C]glucose revealed nearly equal labeling of outer and inner carbons, with only a non-significant predominance of outer carbon labeling (Figure 4F). Similar results were observed during infusions with [1,2-¹³C]acetate, although the overall labeling was lower (Figure 4G). We also examined aspartate isotopomers in healthy mouse tissues after [U-¹³C]

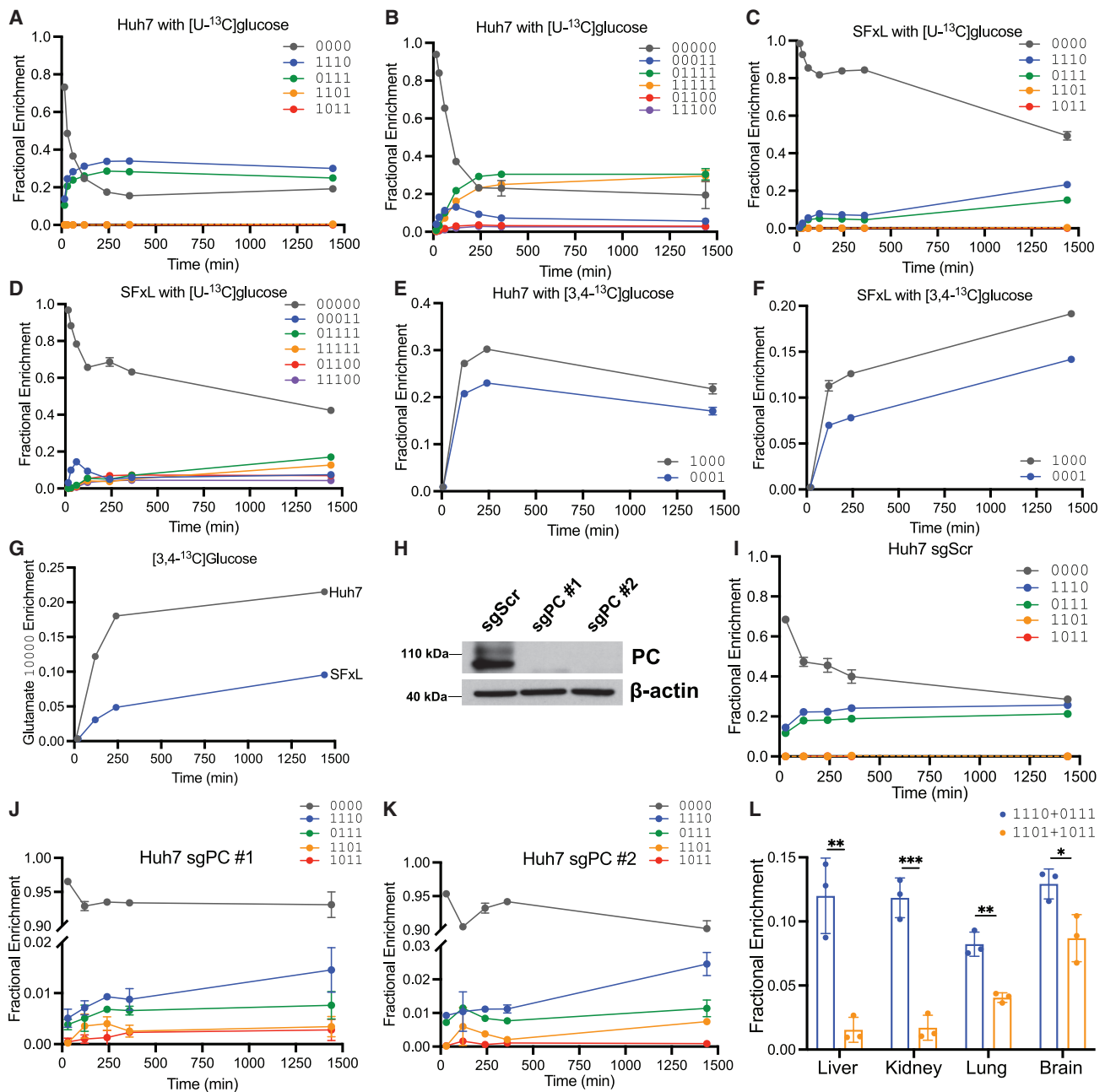


Figure 3. Kinetic analysis of isotopomers in cancer cells

(A and B) Time course of selected aspartate and glutamate isotopomers in Huh7 hepatoma cells cultured in medium containing [U-¹³C]glucose (3 biological replicates).

(C and D) Time course of selected aspartate glutamate isotopomers in SFxL gliomas cells cultured in medium containing [U-¹³C]glucose (3 biological replicates).

(E–G) Time course of selected aspartate and glutamate isotopomers in Huh7 hepatoma cells and SFxL gliomas cells cultured in medium containing [3,4-¹³C]glucose (3 biological replicates).

In (A)–(G), enrichment in glutamate and aspartate was assumed to be 0.0 at time 0.

(H) Western blot of PC in Huh7 hepatoma cells expressing a control guide RNA (sgScr) or guide RNAs targeting PC (sgPC #1, #2).

(I–K) Time course of selected aspartate isotopomers in sgScr and sgPC Huh7 hepatoma cells cultured in medium containing [U-¹³C]glucose (3 biological replicates).

(L) Selected aspartate M + 3 isotopomers in mouse organs after infusion with [U-¹³C]glucose (3 biological replicates).

ns, p > 0.05; *p ≤ 0.05; **p ≤ 0.01; ***p ≤ 0.001; ****p ≤ 0.0001. An unpaired t test was used for (L) and the data are shown as mean ± SD.

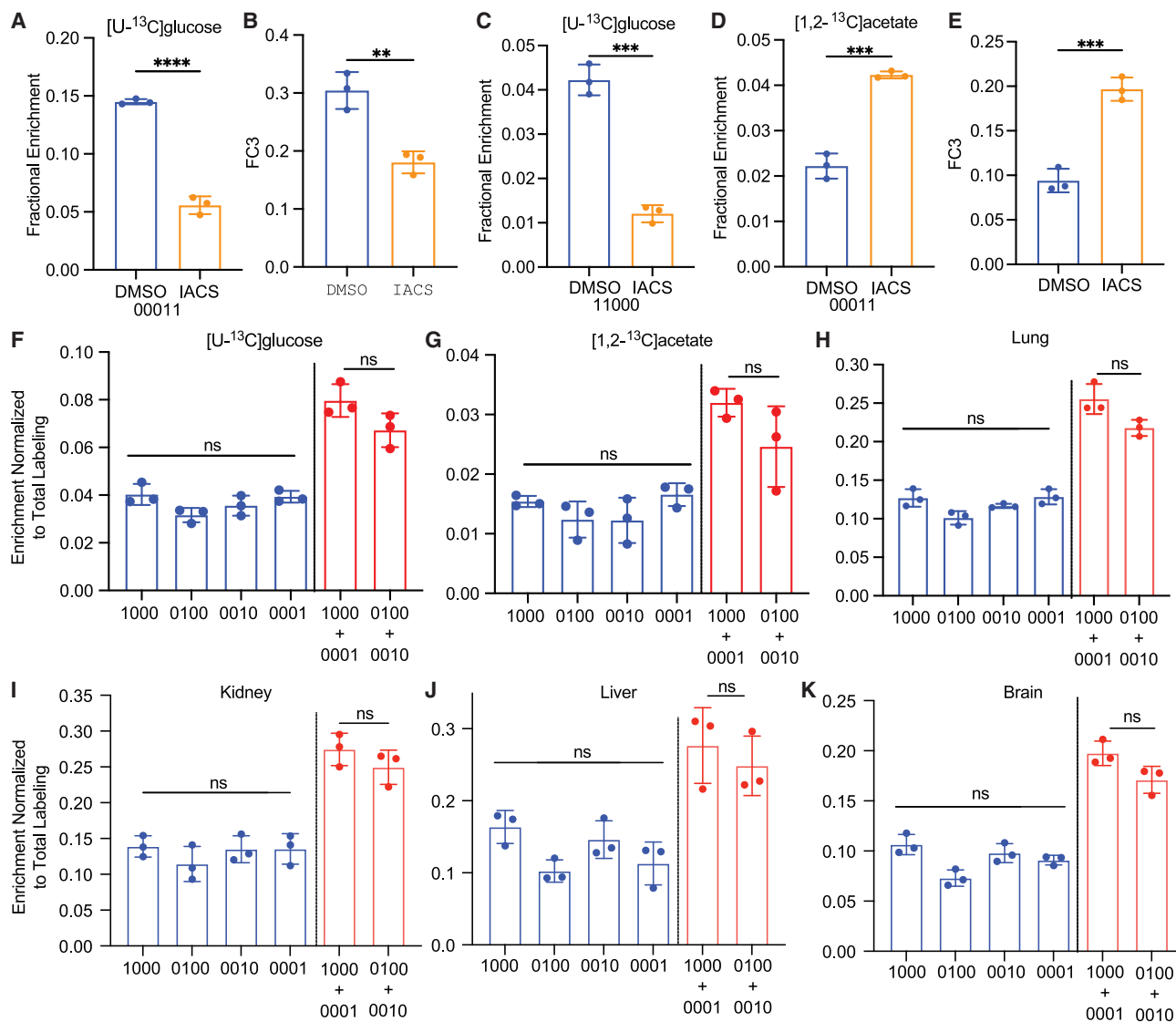


Figure 4. In vivo applications of LC-MS/MS isotopomer analysis

(A–C) Relative [4,5-¹³C]glutamate abundance (A), FC₃ fraction (B), and abundance of [1,2-¹³C]glutamate (C) as a fraction of the total glutamate pool in neuroblastoma xenografts after infusion with [U-¹³C]glucose and treatment with DMSO or IACS-010759 (3 biological replicates).

(D and E) Relative [4,5-¹³C]glutamate abundance (D) and FC₃ fraction (E) in neuroblastoma xenografts after infusion with [1,2-¹³C]acetate and treatment with DMSO or IACS-010759 (3 biological replicates).

(F and G) Aspartate isotopomers from DMSO-treated neuroblastoma xenografts after infusion with [U-¹³C]glucose (F) or [1,2-¹³C]acetate (G) (3 biological replicates).

(H–K) Aspartate M + 1 isotopomers (normalized to total labeling) in mouse organs after infusion with [U-¹³C]glucose (3 biological replicates).

ns, $p > 0.05$; * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$; **** $p \leq 0.0001$. Unpaired t tests were used in (A)–(E) and the data are shown as mean \pm SD. An ordinary one-way ANOVA was used for the comparison of m + 1 isotopomers (blue) in (F)–(K), whereas unpaired t tests were used for the comparison of labeling in outer m + 1 isotopomers versus inner m + 1 isotopomers (red). Data are shown as mean \pm SD.

glucose infusion and again did not detect an excess of outer carbon labeling (Figures 4H–4K). This suggests that TCA cycling rather than carboxylation is the major source of M + 1 labeling in aspartate under these conditions.

Application of LC-MS/MS isotopomer analysis to human cancer

In ¹³C infusions in cancer patients, at least 100 mg of tissue is used to assess ¹³C labeling by NMR.^{11,27,29,30} The practicalities

of ¹³C stable isotope infusions in patients have been covered elsewhere.³¹ In tumors from the brain and lung, this approach provides adequate signal-to-noise ratios (SNRs) to observe some isotopomers of glutamate and aspartate. However, using samples this large obscures the regional metabolic heterogeneity characteristic of solid tumors in humans.^{12,13,27} The problem is compounded in tumors from the kidney, which are both highly heterogeneous and characterized by low labeling of TCA cycle intermediates from [U-¹³C]glucose.²⁹ We compared NMR and

LC-MS/MS analysis of tumors from two kidney cancer patients with fumarate hydratase (FH)-deficient renal cell carcinoma (FHdRCC). Both patients were infused with [$U\text{-}^{13}\text{C}$]glucose during nephrectomy. FHdRCC tumors lack FH and are therefore expected to have suppressed TCA cycle function (Figures 5A and 5B). After nephrectomy, samples were obtained from the nonmalignant kidney and two tumor regions. In one sample from patient A's tumor, glutamate C4 labeling could not be detected by NMR (Figure 5C). In the other sample, weighing 460 mg, NMR detected ^{13}C multiplets in glutamate C3 and C4, but the SNR was low (Figure 5D). Multiplets at succinate C2/C3 were prominent in both samples, perhaps reflecting succinate accumulation resulting from FH loss.

For LC-MS/MS, we used three small (10–20 mg) fragments of each sample. Of the observed ion pairs monitored by MRM in these samples, 60%–100% had SNRs over 10 (Figures S6A and S6B). Natural abundance corrected glutamate labeling had hallmarks of both PDH and PC activities, with 2%–4% of the pool labeled as glutamate 01100 and 1%–3% labeled as glutamate 00011 (Figure 5E). Because analysis of glutamate 01100 is complicated by potential calculation error, we also examined glutamate 11100 proceeding from PC-dependent production of aspartate 0111. However, the abundance of this isotopomer was negligible. Interestingly, aspartate 1110 exceeds aspartate 0111 in both fragments of the tumor, and aspartate 1110 accounts for most of the $m + 3$ isotopolog (Figures 5F and S6C–S6F). These patterns imply activity of PC to label OAA/aspartate, but poor equilibration with the fumarate pool, as predicted by loss of FH activity within these tumors (Figures 5A and 5B). In the nonmalignant kidney fragments from both patients, where FH activity persists, aspartate 1110 and 0111 are similar (Figures 5F and S6C–S6F), indicating that the lack of symmetrization in the tumors was not an artifact of tissue handling during the surgery. It is also interesting that aspartate isotopomers arising from PDH (1100 and 0011) were equivalent to each other in both the tumors and the kidney samples (Figure 5G), indicating that the expected symmetry is achieved in isotopomers arising from progression of the cycle from citrate to OAA/aspartate. It is unclear whether the equivalent levels of aspartate 1100 and 0011 in the tumors reflects a small amount of residual FH activity in tumor cells or whether part of the aspartate pool in these samples was taken up from other tissues with functional FH. Altogether, this analysis reveals the ability of the LC-MS/MS method to detect regional metabolic heterogeneity from small samples of human tumors, to provide information about routes of carbon entry into and processing by the TCA cycle, and more generally why reporting ^{13}C position complements isotopolog analysis in metabolites related to the TCA cycle.

DISCUSSION

Although ^{13}C tracers are excellent tools to assess metabolic activity, simple isotopolog analysis (by far the most common MS technique currently used in such experiments) reports only a fraction of the information encoded by ^{13}C labeling.¹ We describe a method that combines the high sensitivity of MS with the positional information usually determined by NMR. A primary objective was to be able to report the isotopomers of glutamate required in calculations of metabolic parameters rele-

vant to the TCA cycle, including anaplerosis and enrichment of the acetyl-CoA pool that supplies citrate synthesis. In addition to this subset of glutamate isotopomers, the method provides direct or indirect information about the complete set of isotopomers from both glutamate and aspartate. The complementary information provided by all these labeled species provides a highly detailed analysis of the TCA cycle, although requiring far less material than what is needed for NMR.

We believe this approach will have particular value in human and other *in vivo* studies when performing multiple tracer experiments is impractical or impossible. For example, specialized tracers can be used to improve certainty about specific reactions in the metabolic network. Although [3,4- ^{13}C]glucose can be used to probe PC activity, the high cost and otherwise low information yield of this tracer make it less appealing than [$U\text{-}^{13}\text{C}$]glucose in human studies. The isotopomer method reported here increases clarity about PC activity from [$U\text{-}^{13}\text{C}$]glucose-tracing data and is therefore a considerable advantage. The high sensitivity of the method is also an obvious advantage for human cancer studies where metabolite labeling tends to be low due to the submaximal enrichment of the circulating precursor pool. Although it is possible to obtain informative 1D ^{13}C NMR spectra from tumors, the large samples required make it difficult to study regional heterogeneity of ^{13}C signatures, which can be substantial in solid tumors.^{12,13,27} The larger the sample needed for analysis, the more averaging of heterogeneous metabolic features must occur. Therefore, using larger samples can obscure subtle metabolic features and make it difficult to study how these features are regulated by regional differences in histology, gene expression, proximity to vasculature, etc.

Although ^1H detection of ^{13}C isotopomer distributions is feasible and much more sensitive than 1D ^{13}C NMR, this technique is limited to the analysis of protonated carbons. The carboxyl carbons are also important indicators of metabolism, as illustrated for aspartate where the external carboxyl carbons and internal protonated carbons may originate from different sources. To quantitatively evaluate multiplets at the carboxyl positions of glutamate and aspartate, 1D ^{13}C spectroscopy was the most appropriate alternative. The high sensitivity of the method described here should make it possible to perform isotopomer analysis in very small tumor samples. Combining this method with MS imaging is a particularly exciting application, but sensitivity would need to be further improved.

Finally, a challenge of *in vivo* isotope-tracing studies in cancer is the appearance of unexpected isotopolog distributions. Verifying the origin of such labeling patterns is straightforward in cultured cells, where silencing enzymes of interest makes it possible to identify the responsible pathway. This is more difficult in mice and impossible in patients. The prominent $M + 1$ labeling of TCA cycle intermediates after infusions with uniformly ^{13}C -labeled nutrients *in vivo* is an example of this challenge. Although $M + 1$ fractions tend to be small in cell culture, this fraction appears quickly *in vivo* and matches or exceeds the more familiar $M + 2$ fraction. Positional specificity is informative about the origins of the label. If $^{13}\text{CO}_2$ liberated from labeled substrates is used as substrate in carboxylation reactions, it is predicted to reside on the outer positions (i.e., carbons 1 and 4) of 4-carbon intermediates like aspartate. These labels are largely lost as $^{13}\text{CO}_2$ during subsequent decarboxylation reactions rather

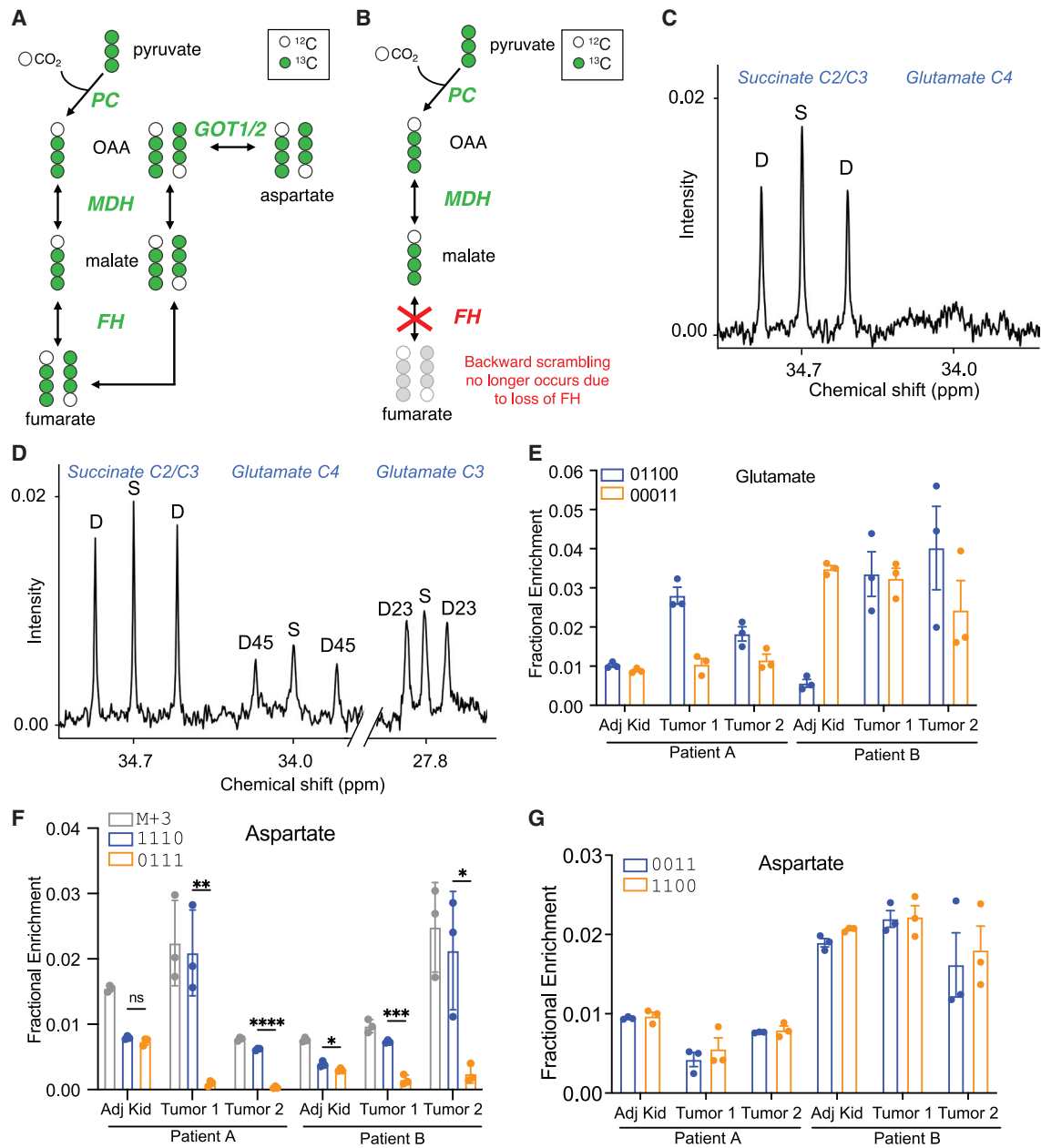


Figure 5. Isotopomer analysis from human kidney tumors

(A) Schematic of symmetric isotopomers of malate, fumarate, and aspartate arising from equilibration of [1,2,3-¹³C]oxaloacetate with malate and fumarate via malate dehydrogenase (MDH) and fumarate hydratase (FH). The activity of glutamic-oxaloacetic transaminases (GOT1/2) ultimately produces equivalent abundances of [1,2,3-¹³C]aspartate and [2,3,4-¹³C]aspartate.

(B) When FH is defective, equilibration of symmetric isotopomers does not occur, resulting in an excess of [1,2,3-¹³C]aspartate relative to [2,3,4-¹³C]aspartate (i.e., more aspartate 1110 than 0111).

(C and D) Expanded ¹³C NMR spectra of glutamate C4 and C3 from two fragments of a human FHdRCC after infusion with [U-¹³C]glucose during nephrectomy. (E) Selected glutamate isotopomers analyzed by LC-MS/MS from fragments of tumor and adjacent, non-malignant kidney (Adj Kid) tissue obtained after infusion with [U-¹³C]glucose during nephrectomy in two patients (3 biological replicates).

(F and G) Relative contributions of selected aspartate M + 3 (F) and M + 2 (G) isotopomers in these tissue fragments (3 biological replicates).

ns, $p > 0.05$; * $p \leq 0.05$; ** $p \leq 0.01$; *** $p \leq 0.001$; **** $p \leq 0.0001$. An unpaired t test was used in (F). Data are shown as mean \pm SD in (E)–(G).

than transferred to internal carbons. On the other hand, PDH followed by successive turns of the cycle produces labels distributed evenly between internal and external carbons. Simulations of TCA cycle activity indicate that when F_{C3} is low, these successive rounds of the cycle can produce high levels of $M + 1$ isotopologs, sometimes exceeding the $M + 2$ fraction, even in the absence of $^{13}\text{CO}_2$ fixation.²⁷ We detect nearly identical labeling of internal and external aspartate carbons after infusion with [$U\text{-}^{13}\text{C}$]glucose or [$1,2\text{-}^{13}\text{C}$]acetate. This suggests that most of the $M + 1$ labeling in TCA cycle intermediates from these tracers arises downstream of PDH rather than carboxylation and $^{13}\text{CO}_2$ recycling. We emphasize that the data do not rule out some contribution of $^{13}\text{CO}_2$ recycling, but the simplest interpretation is that this is a minor component of the $M + 1$ labeling observed *in vivo*, at least from [$U\text{-}^{13}\text{C}$]glucose and [$1,2\text{-}^{13}\text{C}$]acetate.

In summary, we established an LC-MS/MS method to identify complete isotopomer fractions of glutamate or aspartate. The isotopomer information acquired using this method can detect PDH activity, PC activity, anaplerosis, and somatic loss of FH in tumors. These examples demonstrate the utility of this approach in tumor metabolism and other biological systems.

Limitations of the study

Although the information yield from this method is greater than NMR, the technique is analytically demanding. For straightforward applications (e.g., calculation of F_{C3}) when the SNR is high and tissue is abundant, NMR may still be preferable. The presented MRM method is also a low-resolution MS method that does not distinguish between ^{15}N and ^{13}C . Since multiple fragments contain nitrogen, the data need to be corrected for natural abundance isotopes using the provided matrix. Transferring the presented method to a high-resolution MS instrument may solve the error presented by the natural abundance of other elements. Although the approach provides information about all isotopomers of glutamate and aspartate, it results in substantial relative errors for some isotopomers, particularly when the fractional enrichment is low. The impact of these errors can be reduced somewhat by choosing tracers that limit the production of mixed acetyl-CoA isotopomers and by incorporating complementary information (e.g., F_{C3}) to reduce uncertainty about problematic isotopomers.

STAR★METHODS

Detailed methods are provided in the online version of this paper and include the following:

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SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.cmet.2023.07.013>.

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AUTHOR CONTRIBUTIONS

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DECLARATION OF INTERESTS

R.J.D. is a founder and advisor at Atavistik Bio and serves on the Scientific Advisory Boards of Agios Pharmaceuticals, Vida Ventures, Droia Ventures, and Nirogy Therapeutics.

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STAR★METHODS

KEY RESOURCES TABLE

| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
|--|--------------------------------|-----------------------------|
| Antibodies | | |
| Pyruvate Carboxylase Antibody | Proteintech | 16588-1-AP; RRID:AB_1851513 |
| β-actin Antibody | Cell Signaling Technology | 8457; RRID:AB_10950489 |
| Anti-rabbit IgG, HRP-linked Antibody | Cell Signaling Technology | 7074; RRID:AB_2099233 |
| Bacterial and virus strains | | |
| LentiCRISPR v2 | Addgene | 52961 |
| pMD2.G | Addgene | 12259 |
| psPAX2 | Addgene | 12260 |
| Biological samples | | |
| Matrigel | Fisher Scientific | CB-40234 |
| Chemicals, peptides, and recombinant proteins | | |
| [U- ¹³ C]glucose | Cambridge Isotope Laboratories | CLM-1396 |
| [U- ¹³ C]glutamine | Cambridge Isotope Laboratories | CLM-1822 |
| [1,2- ¹³ C]acetate | Sigma Aldrich | 663859 |
| [3,4- ¹³ C]glucose | Cambridge Isotope Laboratories | CLM-6750 |
| [1,4- ¹³ C]aspartate | Cambridge Isotope Laboratories | CLM-4455 |
| [4- ¹³ C]aspartate | Sigma Aldrich | 489999 |
| [1,2- ¹³ C]glutamate | Cambridge Isotope Laboratories | CLM-2024 |
| [3,4- ¹³ C]glutamate | Cambridge Isotope Laboratories | CLM-3646 |
| L-aspartate | Sigma Aldrich | A9256 |
| L-glutamine | Sigma Aldrich | G3126 |
| IACS-010759 | ChemieTek | CT-IACS107 |
| (Hydroxypropyl)methyl cellulose | Sigma Aldrich | 09963 |
| Dimethyl sulfoxide (DMSO) | Sigma Aldrich | D1435 |
| 0.9% Sodium Chloride Solution | Baxter | N/A |
| RPMI-1640 | Sigma Aldrich | R8758 |
| Dulbecco's Modified Eagle's Medium (DMEM) | Sigma Aldrich | D5796 |
| Dulbecco's Modified Eagle's Medium Powder, no glucose, glutamine, phenol red, sodium pyruvate and sodium bicarbonate | Sigma Aldrich | D503010 |
| Polybrene | Sigma Aldrich | TR-1003-G |
| Lipofectamine 3000 Transfection Reagent | Invitrogen | L3000001 |
| Puromycin | Fisher Scientific | NC9138068 |
| RIPA Buffer | Boston BioProducts | BP-115 |
| Halt Protease and Phosphatase Inhibitor Cocktail (100X) | Thermo Scientific | 78444 |
| Bovine Serum Albumin | Sigma Aldrich | A2153 |
| Pierce ECL Western Blotting Substrate | Thermo Scientific | 32106X4 |
| Acetonitrile, Optima LC/MS Grade | Fisher Scientific | A955-4 |
| Water, Optima LC/MS Grade | Fisher Scientific | W64 |
| Ammonium acetate | Sigma Aldrich | 431311 |
| Methanol, Optima LC/MS Grade | Fisher Scientific | A456-4 |
| Ammonium Hydroxide, Optima | Fisher Scientific | A470-250 |
| Formic Acid, 99.0+%, Optima LC/MS Grade | Fisher Scientific | A117-50 |

(Continued on next page)

| Continued | | |
|---|---|---|
| REAGENT or RESOURCE | SOURCE | IDENTIFIER |
| Potassium Phosphate Monobasic (Crystalline/Certified ACS) | Fisher Scientific | P285 |
| D ₂ O, 99.9% | Cambridge Isotope Laboratories | DLM-4 |
| Ethylenediaminetetraacetic Acid (EDTA), Disodium Salt Dihydrate (Crystalline/Certified ACS) | Fisher Scientific | S311 |
| Deuterated sodium 3-trimethylsilyl-1-propane sulfonic acid (d ₆ -DSS) | Chenomx | IS-2 |
| Sodium Azide, Crystalline | Fisher Scientific | S2271-25 |
| Perchloric Acid, ACS, 60-62% | Fisher Scientific | AA33263AP |
| Potassium Hydroxide (Pellets/Certified ACS) | Fisher Scientific | P250 |
| Sodium Hydroxide (Pellets/Certified ACS) | Fisher Scientific | S318 |
| Hydrochloric Acid Solution, 6N (Certified) | Fisher Scientific | SA56 |
| Critical commercial assays | | |
| Pierce BCA Protein Assay Kit | Thermo Scientific | 23225 |
| e-Myco Mycoplasma PCR Detection Kit | Boca Scientific | 25235 |
| Deposited data | | |
| Analyzed data for all Figures | This paper | Data S4 |
| Raw Data for all Figures | This paper | Data S3: Raw data for corresponding figures |
| Scripts for Natural isotope abundance correction matrix, Non-negative least square regression, and Error estimation | This paper | https://github.com/RJDlab/Glu_Asp_Isotopomers |
| Experimental models: Cell lines | | |
| Human: H460 | Hamon Cancer Center Collection at the University of Texas Southwestern Medical Center | N/A |
| Human: Huh7 | Gift from Michael S. Brown and Joseph L. Goldstein | N/A |
| Human: SK-N-AS | American Type Culture Collection (ATCC) | CRL-2137 |
| Human: 293T | American Type Culture Collection (ATCC) | CRL-3216 |
| Experimental models: Organisms/strains | | |
| Mouse: NOD.CB17-Prkdc ^{scid} Il2rg ^{tm1Wjl} /SzJ (NSG) | The Jackson Laboratory | N/A |
| Oligonucleotides | | |
| sgScramble | Integrated DNA Technologies (IDT) | TTCTTAGAAGTTGCTCCACG |
| sgPC #1 | Integrated DNA Technologies (IDT) | CAGGCCGCGCCGATGAGAT |
| sgPC #2 | Integrated DNA Technologies (IDT) | ACAGGTGTTCCCGTTGTCCC |
| Software and algorithms | | |
| Prism Graphpad | Graphpad Software | N/A |
| R Studio | Posit Software | N/A |
| NMR Spectrus Processor | ACD/Labs | N/A |
| AB Sciex Analyst 1.6.1 Software | Sciex | N/A |
| VNMRJ Version-4.0 software | Agilent | N/A |
| MestReNova v14.0.1-23284 | Mestrelab Research S.L. | N/A |
| Other | | |
| SeQuant ZIC-pHILIC 5 μ m polymer 150 x 2.1 mm | Millipore Sigma | 1504600001 |
| Oasis HLB 96-well Plate, 60 mg Sorbent per Well, 60 μ m | Fisher Scientific | 50-818-654 |
| 14.1 T spectrometer | Varian INOVA, Agilent | N/A |
| QTRAP 6500 | Sciex | N/A |

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to the lead contact, Ralph DeBerardinis, MD, PhD. Email: ralph.deberardinis@utsouthwestern.edu.

Materials availability

PC knockout cell lines are available upon request.

Data and code availability

The scripts for natural isotope abundance correction matrix, non-negative least square regression, and error estimation have been deposited at the GitHub repository, GitHub: https://github.com/RJDLab/Glu_Asp_Isotopomers. All source data is provided in [Data S4](#). All raw data is provided in [Data S3](#).

EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS

All mouse infusions were performed in compliance with protocols approved by the Institutional Animal Care and Use Committee at the University of Texas Southwestern Medical Center (Protocol 2016-101694). NOD.CB17-Prkdc^{scid}Il2rg^{tm1Wjl}/SzJ (NSG) male and female mice aged 4-8 weeks old were purchased from the Jackson Laboratory. All mice were housed in the Animal Resource Center at the University of Texas Southwestern Medical Center under a 12 hr light-dark cycle and fed ad libitum.

Human subjects research was approved by the Institutional Review Board of UT Southwestern Medical Center. After obtaining informed consent, patients were enrolled on protocol STU062010-157 ([Clinicaltrials.gov](https://clinicaltrials.gov) protocol NCT01888082): An Investigation of Tumor Metabolism in Patients Undergoing Surgical Resection. Patients were selected for inclusion based on imaging and clinical features consistent with renal cell carcinoma.

METHOD DETAILS

Chemicals

All chemicals and reagents were LC-MS grade or higher. Sterile, pyrogen free [U-¹³C]glucose was purchased from Cambridge Isotope Laboratories for human infusions (CLM-1396-MPT-PK). For mouse infusions, [1,2-¹³C]acetate was purchased from Sigma-Aldrich (663859) and [U-¹³C]glucose was purchased from Cambridge Isotope Laboratories (CLM-1396).

Human infusions

Sterile, pyrogen free [U-¹³C]glucose was infused at the time of nephrectomy. A peripheral intravenous line was placed on the morning of surgery and labeled glucose was infused as a bolus of 8g over 10 minutes followed by 8g per hour as a continuous infusion. Standard procedures were followed for tumor resection and tissue fragments were flash frozen in liquid nitrogen. All diagnoses were made by the attending clinical pathologist. These infusion parameters are consistent with previously published work.^{11,12,27,29-31}

Mouse infusions

For tumor studies, subcutaneous injections were done in the right flank of NOD.CB17-Prkdc^{scid}Il2rg^{tm1Wjl}/SzJ (NSG) male and female mice aged 4-8 weeks old. To establish xenografts from cancer cell lines, suspensions of neuroblastoma cells were prepared for injection in RPMI 1640 media with Matrigel (CB-40234; Fisher Scientific). 50 μ L of the cell suspension was combined with 50 μ L Matrigel for a total volume of 100 μ L per mouse. For studies that involved treatment with the complex I inhibitor (IACS-010759, ChemieTek), the mice were administered IACS-010759 by oral gavage every day for 5 days (10 mg/kg body mass in 100 μ L of 0.5% methylcellulose and 4% DMSO) once subcutaneous tumors reached 200 mm³. On the 5th day, mice were infused with [U-¹³C]glucose or [1,2-¹³C]acetate and tumors were harvested 3-5 hours following the last treatment dose, depending on the infusion. Mice were weighed and subcutaneous tumors measured at the beginning and end of the 5-day treatment period. Mice were anesthetized and then a 27-gauge catheter was placed in the lateral tail vein under anesthesia. [1,2-¹³C]acetate (Sigma-Aldrich, 663859) was delivered as a bolus of 0.3 mg/g body mass over 1 min in 150 μ L of saline, followed by continuous infusion of 0.0069 mg/g body mass/min for 3 hours in a volume of 150 μ L/hour. [U-¹³C]glucose (Cambridge Isotope Laboratories, CLM-1396) was intravenously infused as a bolus of 0.4125 mg/g body mass over 1 min in 125 μ L of saline, followed by continuous infusion of 0.008 mg/g body mass/min for 3 hours in a volume of 150 μ L/hour. For [U-¹³C]glutamine (Cambridge Isotope Laboratories, CLM-1822) infusions, the total delivered dose was 1.73 g/kg dissolved in 1.5 mL saline. The glutamine solution was administered at a bolus rate of 150 μ L/min for 1 min followed by a continuous infusion rate of 2.5 μ L/min for 5 hours. At the end of the infusion, mice were euthanized and tumors and/or organs were harvested and immediately frozen in liquid nitrogen. For healthy, non-tumor bearing mouse infusions with [U-¹³C]glucose shown in [Figure S3G](#), [U-¹³C]glucose (Cambridge Isotope Laboratories, CLM-1396) was intravenously infused for 180 - minutes at continuous rates of either 3.3 mg [U-¹³C]glucose/kg mouse body weight/min, 1.65 mg/kg/min, 0.83 mg/kg/min, or

0.41 mg/kg/min with no bolus dose. To assess the fractional enrichments in plasma, roughly 20 μ L of blood was obtained after 30, 60, 120, and 180 minutes of infusion from retro-orbital bleeds.

Cell lines and culture conditions

H460 cells were obtained from the Hamon Cancer Center Collection (University of Texas Southwestern Medical Center) and maintained in RPMI-1640 supplemented with penicillin–streptomycin and 5% fetal bovine serum (FBS) at 37°C in a humidified atmosphere containing 5% CO₂. SF188-derived glioblastoma cells overexpressing human Bcl-xL (SFxL) were previously reported³² and Huh7 hepatocellular carcinoma cells were a gift from Professors Michael S. Brown and Joseph L. Goldstein. SFxL and Huh-7 cells were maintained in Dulbecco's modified Eagle medium (DMEM) supplemented with penicillin–streptomycin and 10% FBS at 37°C in a humidified atmosphere containing 5% CO₂. All cell lines were validated by DNA fingerprinting using the PowerPlex 1.2 kit (Promega) and were confirmed to be mycoplasma-free using the e-Myco kit (Boca Scientific).

PC depletion in Huh7 cells

lentiCRISPR v2 was a gift from Feng Zhang (Addgene plasmid # 52961; <http://n2t.net/addgene:52961>; RRID:Addgene_52961). Guide RNA oligos were ordered from IDT Company. Guide RNAs (sgScr: 5' to 3' TTCTTAGAAGTTGCTCCACG, sgPC#1: 5' to 3' CAGGCCGCGCCGATGAGAT, sgPC#2: 5' to 3' ACAGGTGTTCCCGTTGTCCC) were cloned into LentiCRISPRv2,³³ then transfected into 293T cells using Lipofectamine 3000 (Invitrogen, L3000001) with a 2:1 ratio of psPAX2: pMD2G. Medium containing viral particles was collected and filtered using 0.45 μ m membrane filters 48 hours after the transfection. Huh7 cells were cultured in media containing lentivirus and 4 μ g/mL polybrene (Sigma, TR-1003-G) for 24 hours followed by selection in 5 μ g/mL puromycin until the uninfected control cells died.

Western blots

Cells were lysed in RIPA buffer (Boston BioProducts, BP-115) containing protease and phosphatase inhibitors (Thermo Fisher Sciences, 78444), then centrifuged at 4°C for 10 minutes at \sim 20,160 g. Supernatants were transferred to new pre-chilled 1.5 mL tubes and protein concentrations were quantified using the Thermo Fisher Pierce BCA Assay Kit (Thermo Fisher, 23225). Protein lysates were resolved via SDS-PAGE and transferred to PVDF membranes. Membranes were blocked in 5% bovine serum albumin (BSA) in Tris Buffered Saline with Tween-20 (TBST (20 mM Tris pH 7.5, 150 mM NaCl, 0.1% Tween-20)) and then incubated with primary antibodies (PC: Proteintech, 16588-1-AP, 1:1000 dilution, or β -actin: Cell Signaling, 8457S, 1:1000 dilution) in TBST supplemented with 5% BSA at 4°C overnight. Primary antibodies were detected with a horseradish peroxidase-conjugated secondary antibody (Cell Signaling Technology, 7074S, 1:2000 dilution) for 1 hour followed by exposure to ECL reagents (Fisher Scientific, PI32106).

Standard Preparation for LC-MS/MS

Standards were prepared as aqueous stock solutions of L-glutamate (1 mg/mL), [1,2-¹³C]L-glutamate (1 mg/mL), [3,4-¹³C]L-glutamate (1 mg/mL), L-aspartate (1 mg/mL), and [1,4-¹³C]L-aspartate (1 mg/mL).

The Group A solution contained [1,2-¹³C]glutamate and [1,4-¹³C]L-aspartate at fractional enrichments of 1%, 2%, 3%, 4%, or 5%. The solution was prepared by mixing [1,2-¹³C]L-glutamate and [1,4-¹³C]L-aspartate with the L-glutamate and L-aspartate stock solutions, respectively. The Group B solution contained [3,4-¹³C]L-glutamate at fractional enrichments of 1%, 2%, 3%, 4%, or 5% and was prepared by mixing the [3,4-¹³C]L-glutamate solution with the L-glutamate stock solution. The groups A and B solutions were then diluted 10,000 times or 20,000 times with 80% acetonitrile to prepare standards for error analysis.

Sample preparation for LC-MS/MS

Tissue samples (2–5mg) were cut on a surface cooled with dry ice, transferred into a 1 mL microcentrifuge tube on dry ice, and ground with a pellet pestle. Ice cold 80% (vol/vol) acetonitrile in water (200 μ L) was added to the tube, and the tissue was homogenized until no visible chunks remained.

Cells were plated at 1×10^5 cells per 6-cm plate 16 h before labeling. The next day, cells were incubated in glucose/glutamine-free DMEM containing 20 mM [U-¹³C]glucose or [3,4-¹³C]glucose. At the desired time, the medium was aspirated and cells were rinsed with ice cold saline. The saline was aspirated, 80% (vol/vol) acetonitrile in water was added and the cells were collected with a cell scraper. The resulting mixture was transferred to a microcentrifuge tube and subjected to three freeze-thaw cycles in liquid nitrogen and a 37°C water bath. The samples were vortexed for 1 min before centrifugation at \sim 20,160 g for 15 min at 4°C. The metabolite-containing supernatant (195 μ L) was transferred into pre-cut Bond Elut PH (100 mg, 1 mL) SPE cartridges (Agilent, 12102005) placed in 1.7 mL microcentrifuge tubes and then centrifuged at \sim 3000 g for 3 min. Alternatively, the supernatants were passed through Oasis HLB LP 96-well plate 60 μ m (60mg) SPE cartridges (Waters, 186000679). The filtrate was then transferred to LC/MS vials for analysis.

LC-MS/MS analysis

Samples were analyzed on an AB Sciex 6500 QTRAP liquid chromatography/mass spectrometer (Applied Biosystems SCIEX) equipped with a vacuum degasser, quaternary pump, autosampler, thermostatted column compartment and triple quadrupole/ion trap mass spectrometer with electrospray ionization interface, and controlled by AB Sciex Analyst 1.6.1 Software. SeQuant ZIC-pHILIC 5 μ m polymer (150mm \times 2.1mm) columns were used for separation. Solvents for the mobile phase were 10 mM ammonium acetate aqueous (pH 9.8 adjusted with ammonium hydroxide (A) and pure acetonitrile (B). The gradient elution was: 0–20 min, linear

gradient 90–65% B, 20–23 min, linear gradient 65–30% B, 23–28 min, 30% B, and 28–30 min, linear gradient 30–90% B then reconditioning the column with 90% B for 5 min. The flow-rate was 0.2 ml/min and the column was operated at 40°C.

¹³C Nuclear Magnetic Resonance Spectroscopy

For the cell culture experiments, H460 cells were plated at 5×10^6 cells per 15 cm plate in three plates and allowed to adhere for 16 h before labelling. The next day, cells were incubated in glucose-free DMEM media containing 20 mM [U-¹³C]glucose for 24h before collection. The medium was aspirated and cells were rinsed with ice cold saline. The saline was aspirated and 80% (vol/vol) acetonitrile in water (5 mL) was added to the cells. The cells were scraped with a cell scraper. The mixtures were transferred into microcentrifuge tubes (0.5mL each) and subjected to three freeze-thaw cycles between liquid nitrogen and a 37°C water bath. The samples were vortexed for 1 min before centrifugation at $\sim 20,160$ g for 15 min at 4°C and the supernatants were centrifuged again at $\sim 20,160$ g for 15 min at 4°C before being dried at room temperature in a Speedvac system (Thermo Scientific, Waltham, MA).

The sample for ¹³C NMR analysis was prepared by dissolving the dried residue in 54 μ L of 50 mM sodium phosphate buffer in D₂O containing 2 mM ethylenediaminetetraacetic acid (EDTA). A 6 μ L solution of 0.5 mM deuterated sodium 3-trimethylsilyl-1-propane sulphonate (d₆-DSS) (internal standard) and 0.2% sodium azide (NaN₃) in D₂O was added to the sample. The solution was vortexed thoroughly, centrifuged at 10,000 g for 15 minutes and supernatant was loaded into a 1.5 mm NMR tube. ¹³C NMR data were acquired using a 14.1 T NMR magnet equipped with a ¹³C-optimized home-built high temperature superconducting (HTS) probe³⁴ and VNMRJ Version-4.0 software. The following parameters were used to acquire ¹³C NMR data: number of scans = 30412, acquisition time (AQ) = 1.5s, relaxation delay (d1) = 1.5s, flip angle = 45°, acquired size = 54k. The ¹³C NMR spectrum was Fourier Transformed with an exponential line-broadening factor of 0.5 Hz, zero filling to 128k data points, and applying Whittaker smother baseline correction in MestReNova v14.0.1-23284 (Mestrelab Research S.L.). Mixed Gaussian/Lorentzian shape was used in the line fitting tool to fit the peak area of the multiplets for each of the ¹³C NMR peaks of glutamate and aspartate.

For NMR of samples from FHdRCC patients, frozen tissue samples (0.45 - 0.48 g) were powdered using a mortar and pestle chilled with liquid nitrogen. Ground tissue was transferred into a 15-mL conical tube containing perchloric acid solution (10%; 3 mL) on ice, vortexed for 1 min, and centrifuged at 25,000 g and 4 °C for 10 min. The supernatant was transferred to a new 15-mL conical tube, and the extraction was repeated by adding perchloric acid solution to the pellet. The combined supernatant was neutralized with KOH, centrifuged, and the supernatant was transferred to a 20-mL glass vial. After drying under vacuum, the extracts were dissolved in D₂O (200 μ L) containing 4,4-dimethyl-4-silapentane-1-sulfonic acid (5 mM), centrifuged at 20,000 g for 5 min and the supernatant was transferred to a 3-mm NMR tube. For samples from FHdRCC patients or H460 Cells, NMR spectra were collected using a 14.1 T spectrometer (Varian INOVA, Agilent, Santa Clara, CA) equipped with a 3-mm broadband probe with the observe coil tuned to ¹³C (150 MHz). NMR spectra were acquired using a 45° pulse, a 36,765-Hz sweep width, 55,147 data points, and a 1.5-sec acquisition time with 1.5-s interpulse delay at 25°C. Proton decoupling was performed using a standard WALTZ-16 pulse sequence. Spectra were averaged with 25,000 scans and a line broadening of 0.5 Hz was applied prior to Fourier transformation. Spectra were analyzed using ACD/Labs NMR spectral analysis program (Advanced Chemistry Development, Toronto, Canada).

Nonnegative least square regression

Nonnegative least square regression was implemented using the glmnet R package,³⁵ with the following parameters: lambda = 0, lower.limits = 0, intercept = FALSE and thresh = 1e-30, such that the regression is not regularized, the coefficients are bounded between 0 and 1, and the convergence threshold is small but can generally be reached within the default number of iterations. We compared this method to other R packages with Lawson-Hanson's algorithm³⁶ implementation such as in the NNLS³⁷ or pracma³⁸ R packages and found the glmnet-based method to provide the lowest error from our simulation error estimation (Data S1, Figures 1 and 2).

Natural abundance correction

The following isotopes were considered during natural abundance correction: ²H (0.0156%), ¹³C (1.082%), ¹⁵N (0.366%), ¹⁷O (0.038%), and ¹⁸O (0.204%). All possible ²H, ¹³C, ¹⁵N, ¹⁷O, and ¹⁸O isotopomers of the precursor and product ions are listed and their probabilities are calculated and assigned to each MRM transition. The calculation matrices of glutamate and aspartate with or without natural isotope abundance correction are available in Data S2. The R script used for calculating the correction matrix can be found at the GitHub repository (https://github.com/RJDLab/Glu_Asp_Isotopomers).

QUANTIFICATION AND STATISTICAL ANALYSIS

Samples were analyzed as described in the figure legends. Data were considered significant if $p < 0.05$. Statistics were calculated using PRISM software, and statistical details can be found in the figure legends for each figure.